

# **Mometasone Furoate Nasal Spray in Allergic Rhinitis**

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27th May 2026

# Introduction

- **Mometasone furoate** is a synthetic corticosteroid → for intranasal use in the treatment of adults and children with allergic rhinitis
  - well-controlled clinical trials, mometasone furoate 200 micrograms administered once daily : intranasal spray was significantly more effective than placebo in controlling the symptoms associated with **moderate to severe seasonal or perennial allergic rhinitis**
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# Mometasone Furoate

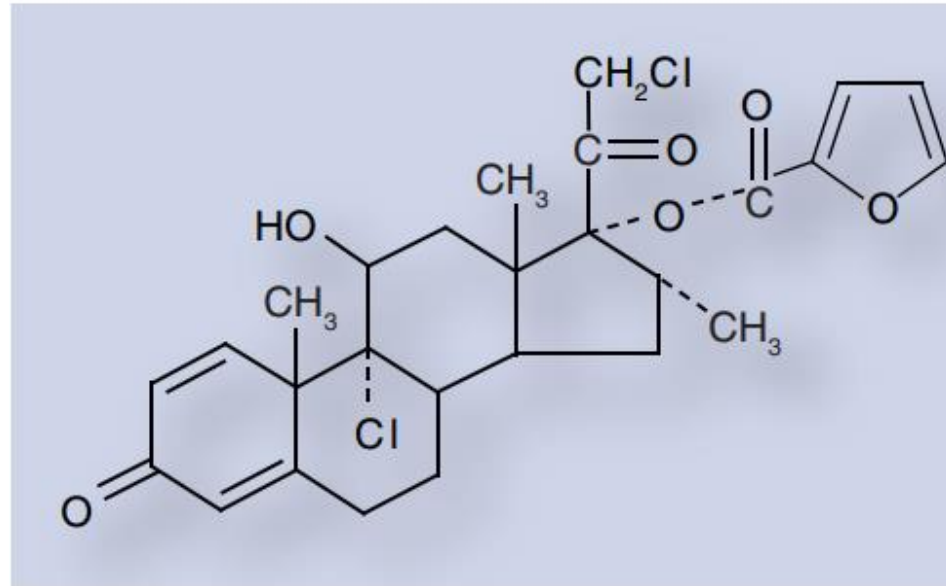


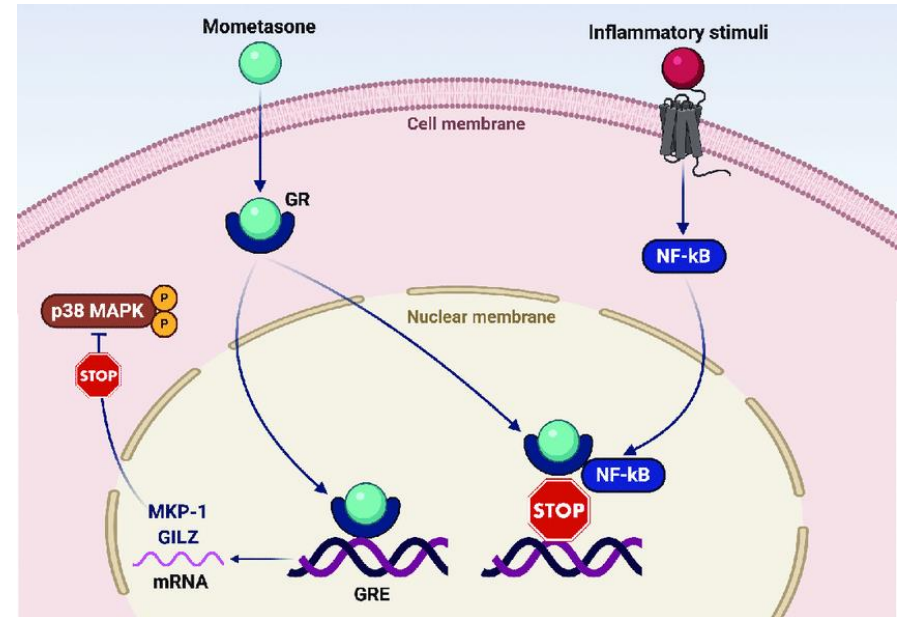
Figure 1. Mometasone furoate.

# Mometasone Furoate...

- One of the most extensively investigated intranasal corticosteroids for inflammatory diseases of the nose and sinuses is mometasone furoate nasal spray
  - Mometasone furoate is a potent 17-heterocyclic corticosteroid formulated in an aqueous suspension
  - For intranasal use
  - A metered-dose, manual pump nasal spray
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# Mometasone Furoate...

- In vitro testing has shown that mometasone furoate has a **high binding affinity** for the glucocorticoid receptor and is a potent stimulator of glucocorticoid receptor-mediated gene expression



# Mometasone Furoate...

- Mometasone furoate has been proven to be effective for the prophylaxis and treatment of
    - a) seasonal allergic rhinitis**
    - b) perennial allergic rhinitis**
    - c) an adjunct to antibiotics in the treatment of acute bacterial rhinosinusitis
    - d) as monotherapy in uncomplicated cases of acute rhinosinusitis
    - e) treatment of nasal polyposis
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# Allergic Rhinitis

- Prevalence

- 13% of the American population
- d 17–29% of the European population

- Age

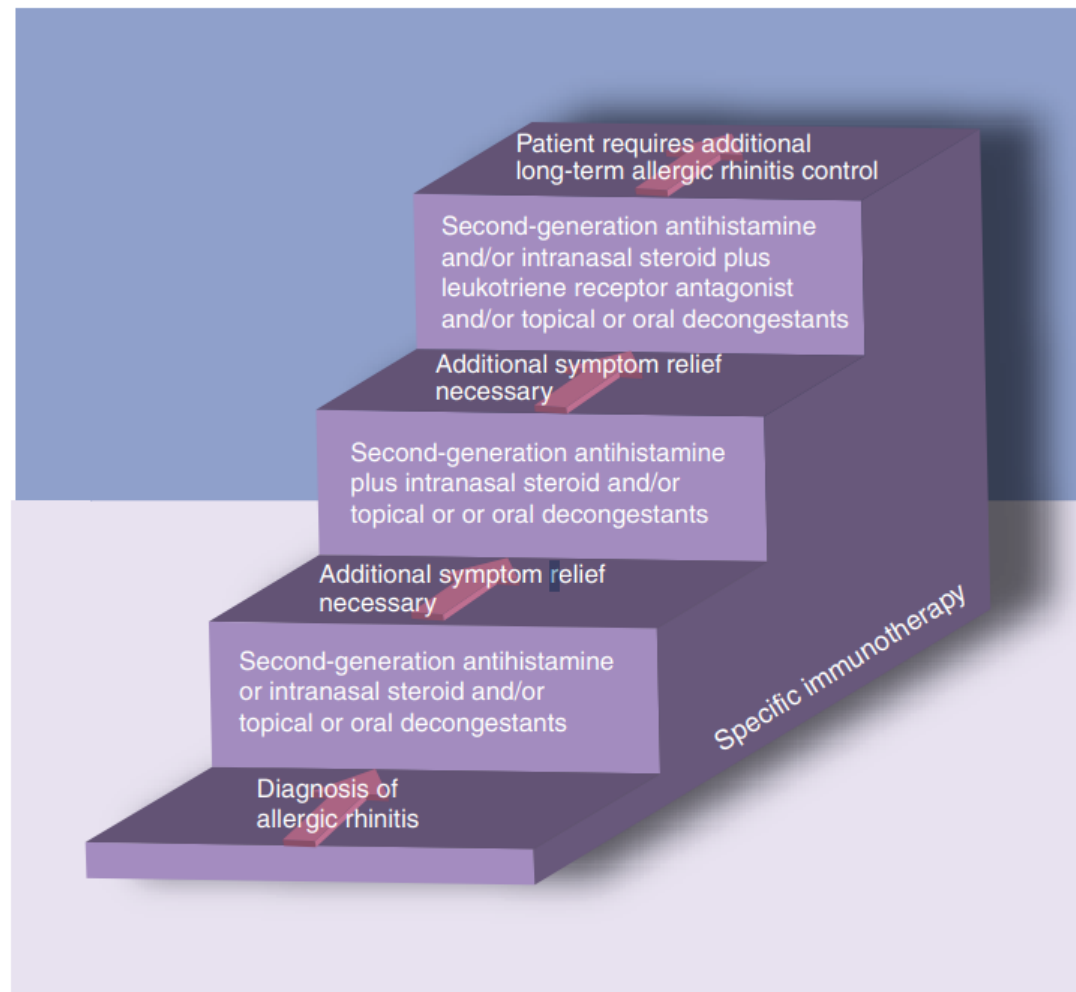
- prevalent chronic allergic disease among **children**  
approximately 40% by the age of 6 years



# Allergic Rhinitis...

- Seasonal allergic rhinitis :
    - an IgE mediated response to outdoor seasonal allergens such as molds or pollen.
  - Perennial allergic rhinitis :
    - a number of conditions that result from either continuous or intermittent exposure to allergens, most commonly indoor allergens such as dust mites, molds, insects (cockroaches) and animal dander.
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# Treatment of Allergic Rhinitis...



**Figure 2. Stepwise approach to treatment for allergic rhinitis.**  
Adapted with permission from [33].

# Safety of Mometasone Furoate

- Local adverse events

- Epistaxis

- ranging from blood-tinged mucus to bleeding

- Headache

- Systemic safety

- particularly for pediatric: use of intranasal corticosteroids has not been associated with serious side effects

- concerns regarding possible systemic effects, including impairment of the normal response to stress, growth retardation due to suppressed cortisol levels, formation of cataracts and osteoporosis → not proven

# Treatment of Allergic Rhinitis...

**Table 3. Bioavailability of intranasal corticosteroids.**

| <b>Intranasal corticosteroid</b>          | <b>Bioavailability (%)</b> |
|-------------------------------------------|----------------------------|
| Flunisolide                               | 49                         |
| Beclomethasone dipropionate               | 44                         |
| Budesonide                                | 34                         |
| Fluticasone propionate                    | 0.42                       |
| Mometasone furoate                        | 0.46                       |
| Fluticasone furoate                       | 0.50                       |
| <i>Data taken from [100,102,103,105].</i> |                            |

# Conclusion

- Extensive clinical evidence has confirmed that **Mometasone Furoate** is a highly effective treatment for common inflammatory disorders of the upper respiratory tract
- Extensive clinical testing has demonstrated that Mometasone Furoate is a **safe** and **effective** therapeutic option



# Reference

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# TERIMA KASIH...

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