

## Rawal Medical Journal

Rawal Medical Journal (RMJ) is a general Medicine publication and accepts original articles, editorials, case reports and commentaries. It aims to disseminate medical knowledge to professional community.

**Aim and objectives of Rawal medical journal**

**AIM**  
To promote the science and art of medicine and the betterment of the public health.

**OBJECTIVES**

1. To publish original, important, well-documented, peer-reviewed clinical and laboratory articles on a diverse range of medical topics
2. To provide physicians with continuing education in basic and clinical science to support informed clinical decisions
3. To enable physicians to remain informed in multiple areas of medicine, including developments in fields other than their own
4. To improve public health internationally by elevating the quality of medical care, disease prevention, and research provided by an informed readership
5. To foster responsible and balanced debate on controversial issues that affect medicine and health care
6. To forecast important issues and trends in medicine and health care
7. To inform readers about non-clinical aspects of medicine and public health, including the political, philosophic, ethical, legal, environmental, economic, historical and cultural
8. To recognize that, in addition to these specific objectives, THE JOURNAL has a social responsibility to improve the total human condition and to promote the integrity of science
9. To report American Medical Association policy, as appropriate, while maintaining editorial independence, objectivity and responsibility
10. To achieve the highest level of ethical medical journalism and to produce a publication that is timely, credible, and enjoyable to read.

**2024, Vol: 49, Issue: 4**

Required files to be uploaded:  
 Author\_Certificate.docx  
 Bank Receipt

**ORCID**

**Crossref**

**OPEN ACCESS**

**creativecommons**

**eJM** [Submit Article](#)

**eJM** [Track your Article](#)

[Author Login](#)  
[Reviewer Login](#)  
[Editorial Policies](#)  
[Conflict of Interest Policy](#)  
[Plagiarism Policy](#)  
[Advertising Policy](#)

**2024, Vol: 49, Issue: 4**

[RMJ. Year: 2024, Volume: 49](#)

**Original Research**

1. Role of parenting in shaping personalities of children: Myths and realities of borderline personality disorder  
Uyama Bin Zubair  
RMJ. 2024; 49(4): 717-718  
[» Abstract](#) [» PDF](#)
2. Adverse effects following Covid 19 vaccination among students of a Private Medical College  
Shezadi Sabeh Imran, Musarat Ramzan, Khola Waheed Khan, Robina Mushtaq, Sadia Nadeem  
RMJ. 2024; 49(4): 719-722  
[» Abstract](#) [» PDF](#)
3. Apple cider vinegar effect on lipid profile in prediabetics  
Shazma Junejo, Nasim Karim, Muhammad Sajid Abbas Jaffri  
RMJ. 2024; 49(4): 723-726  
[» Abstract](#) [» PDF](#)
4. Assessment of BMI and Associated factors in medical students; A cross sectional study  
Ifat Noor, Ifat Naiyer, Khalid, Javeria Maheen, Qanta Cheema, Uswa Marlyam  
RMJ. 2024; 49(4): 727-729  
[» Abstract](#) [» PDF](#)

**Original Research**

5. Assessment of new inflammatory marker for diabetic kidney disease in Type 2 Diabetic patients  
Syed Zaker Shah, Almai Khan, Hamayun Mumtaz, Ifat Naiyer, Muddasir Pervaiz, Waleed Bin Abdullah  
RMJ. 2024; 49(4): 730-733  
» Abstract     » PDF

**Original Research**

6. C-reactive protein as an inflammatory marker in obese and non-obese type 2 diabetes mellitus patients with metabolic syndrome  
Rabia Siddiqui, Nighat Rukhsana, Muhammad Sejid Abbas Jaffri, Shazia Shakoor, Samreen Iqbal, Muhammad Younas  
RMJ. 2024; 49(4): 734-737  
» Abstract     » PDF

**Original Research**

7. Lived experiences of type 2 diabetes patients in North Sumatra Province, Indonesia: A phenomenology study  
Muli Tatigan, Mutiara Baitina Satya Wira, Kessarawan Nilvarangkul  
RMJ. 2024; 49(4): 738-741  
» Abstract     » PDF     » doi: 10.5455/rmj.20240824061539

**Original Research**

8. Nephropathological associations: Diagnostic insights into diabetic UTIs via integrated biomarker approaches  
Musaddiq Hussain Bangash, Fakhr Noreen, Naseeruddin, Ama ul Naval, Ehsan Khan, Seemi Tanvir  
RMJ. 2024; 49(4): 742-745  
» Abstract     » PDF

**Original Research**

9. Neuro-ophthalmic interface: Investigating the therapeutic potential of Glial cell-derived neurotrophic factor (GDNF) in pathology of diabetic retinopathy  
Durga Devi, Moseed Ullah Khan, Naeemullah Syed, Zain ul Abdeen Bilal Ahmed, Abdul Munim, Ehsan Khan  
RMJ. 2024; 49(4): 746-749  
» Abstract     » PDF

**Original Research**

10. Prevalence of sarcopenia in patients with diabetes mellitus type II  
Asseel Karim Tawfeeq, Waleed Ibrahim Al  
RMJ. 2024; 49(4): 756-753  
» Abstract     » PDF     » doi: 10.5455/rmj.2024091123051

**Original Research**

11. Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection  
Aida Dhermanawati, Pusparyati Pusparyati  
RMJ. 2024; 49(4): 754-758  
» Abstract     » PDF     » doi: 10.5455/rmj.20240812023946

**Original Research**

12. Correlation between information support, anxiety, and satisfaction with care among family members of patients admitted to intensive care unit  
Abdullah Usman, Bakhtyar Ali Shah, Irfan Ullah Khattak, Sardar Ali, Ijaz Arif  
RMJ. 2024; 49(4): 759-762  
» Abstract     » PDF

**Original Research**

13. Effect of methotrexate on clinical course of COVID-19 in patients with autoimmune rheumatic diseases  
Shahida Perveen, Haris Gul, Saba Samreen, Babur Salm  
RMJ. 2024; 49(4): 763-768  
» Abstract     » PDF

**Original Research**

14. Establishing reference intervals for LDL-C and HDL-C in the Jazan region of Saudi Arabia: A population study  
Ahmed Jorah  
RMJ. 2024; 49(4): 769-773  
» Abstract     » PDF     » doi: 10.5455/rmj.20240810050420

**Original Research**

15. Association of thyroid disorder with glycemic variability: a case-control study  
Nor ul Ain, Sheik Abdul Saeed, Shazia Shakoor, Shah Jabeen, Sana Kashif Shahid, Shahameen Aqeel  
RMJ. 2024; 49(4): 774-777  
» Abstract     » PDF

## Editorial board

ISSN 0309-5212

Home | Reviewer Login | Contact

## Rawal Medical Journal

Search for title, author, keywords etc. in any field

 **RMJ** Rawal Medical Journal

RAWAL MEDICAL JOURNAL

**Editorial Staff**

**Patron:**  
Prof. M. Salim Professor of Anesthesiology Islamic International Medical College Rawalpindi.

**Editor-in-Chief:**  
Prof. Nasir Khokhar Professor of Gastroenterology Shifa International Hospital Islamabad.

**Editors:**  
Prof. Muzhar Malik Professor of Psychiatry Rawal Institute of Medical Sciences Islamabad.  
Dr. Muhammad Usman Ghani Assistant Professor of Psychiatry Rai Medical College Sargodha.

**Associate Editors:**  
Dr. Omar Qureshi Assistant Professor of Medicine Pakistan Kidney and Liver Transplant Institute Lahore.

**Dr. Mati ur Rehman:** Professor of Medicine Riphah International University Islamabad.  
**Dr. Ejaz Khan:** Professor of Pediatrics Shifa College of Medicine Islamabad.

**Nargis Munir:** Rawal Institute of Health Sciences, Islamabad.  
**Noureen Khan:** Services Academy, Islamabad.

**Managing Secretary:**  
Dr. Muhammad Khurram Professor of Medicine Rawalpindi Medical College Rawalpindi.

**Finance Secretary:**  
Dr. Zakaullah Wani Assistant Professor of Medicine Rawalpindi Medical College Rawalpindi.

**Epidemiologist:**  
Dr. Sejida Naseem Associate Professor of Community Medicine Shifa College of Medicine Islamabad.

**Bibliographer:**  
Muhammad Javed Chief Librarian, Shifa Tameer e Millat University, Islamabad.

**Required files to be uploaded**

 [Author\\_Certificate.docx](#)  
 [Bank Receipt](#)

**ORCID**

**Crossref**

**OPEN ACCESS**

**creativecommons**

**National Editorial Board**

Prof. Musaddiq Khan Professor of Surgery Rawalpindi Medical College Rawalpindi	Prof. Shawkat Matalidin Professor of Anesthesiology Shifa International Hospital Islamabad
Prof. Mian Abdul Rashid Professor of Forensic Medicine Muhammad Medical College Mripur AJK	Prof. M. Yousaf Chaudhary Professor of Radiology Shifa International Hospital Islamabad
Prof. Javed Butt Professor of Gastroenterology Pakistan Institute of Medical Sciences Islamabad	Prof. Rehana Anshad Professor of Anatomy Rawalpindi Medical College Rawalpindi

Dr Naveed Ashfaq  
Consultant Surgeon  
CDA Hospital

Dr Hina Mehwish  
Asstt Prof of Gynaecology  
Rawalpindi Medical College  
Rawalpindi

Dr Khalid Randhawa  
Asstt Prof of Surgery  
Rawalpindi Medical College  
Rawalpindi

Dr. Sejjad Minhas  
General Practice  
Rawalpindi

Dr Arshad Rana  
President PMA Rawalpindi Islamabad Branch  
Rawalpindi

**International Editorial Board**

Prof. Helmut Denk  
Professor of Pathology  
University of Vienna  
Austria

Prof. Graham Foster  
Professor of Medicine  
University of London  
London

Prof. C. L. Lie  
Professor of Medicine  
University of Hong Kong  
Hong Kong

Prof. James Lewis  
Professor of Medicine  
Georgetown University  
Washington DC

Prof. Myron Schwartz  
Professor of Surgery  
Mount Sinai School of Medicine  
New York, NY

Prof. Graeme P. Young  
Professor of Medicine  
Flinders University  
South Australia, Australia

Prof. René Lambert  
International Agency for  
Research on Cancer  
Lyon, France

Prof. Zhang Gao Wang  
Professor of Cardiovascular Surgery  
Xuan Wu Hospital Capital University  
of Medical Sciences  
Beijing, China

Dr Med. Peter Schledermaier  
Professor of Medicine and Endocrinology  
University of Bonn  
Germany

Dr Dr Abdurrahman Hamdi Inan  
Gynecology and Obstetrics  
Turkey

Luca Testarelli  
Professor of Dental Restorative, Endodontics  
School of Dentistry, Sapienza, University of Rome,  
Italy

## Abstracting and indexing

ISSN 0303-5212

Home | Reviewer Login | Contact

### Rawal Medical Journal

Search for title, author, keywords etc. in any field

Home | About Journal | Editorial Board | Instructions for Authors | Archive | CONTACT

Indexed in Scopus, Web of Science, WHO Index Medicus (IMEMR), Emronedex, Pakmedinet, ExtraMED and Telgeosat

Approved by the Higher Education Commission of Pakistan

RMJ Rawal Medical Journal

2024, Vol. 49, Issue: 4

Current Issue 

Online First

Archive

Aims and Scope

Abstracting & Indexing

Most Accessed Articles

eJM Submit Article

eJM Track your Article

Author Login

Reviewer Login

Editorial Policies

Conflict of Interest Policy

Plagiarism Policy

Advertising Policy

## Scimago rank



## Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

Ade Dharmawan,<sup>1</sup> Pusparini<sup>2</sup>

<sup>1</sup>Department of Microbiology, Faculty of Medicine and Health Science, Krida Wacana Christian University,

<sup>2</sup>Department of Clinical Pathology, Faculty of Medicine, Universitas Trisakti, Jakarta Indonesia.

**Objective:** To determine the association of Fecal Calprotectin (f-CP) and M2 Pyruvate Kinase (M2-PK) with intestinal pathogens by means of the gastrointestinal syndromic panel.

**Methodology:** This retrospective analytic study was conducted in the laboratory department a private hospital in Jakarta from October 2021 to September 2022. The inclusion criteria comprised patients aged  $\geq 18$  years with gastrointestinal complaints who had undergone f-CP and M2-PK examinations and gastrointestinal syndromic testing. The exclusion criteria were incomplete data on laboratory examinations, follow-up examinations or treatment evaluations. We used the Mann-Whitney test with  $p < 0.05$  indicating significantly different.

**Results:** Out of 282 subjects, 69% were women and

31% men, aged 18 to 84 years (mean  $50.52 \pm 15.20$ ). In 117 subjects, single pathogen was found in 78 specimens and  $\geq 2$  pathogens in 39. Median f-CP was  $77.1 \mu\text{g/g}$  (3.68-2100) and median M2-PK 3.55 U/mL (1-72.6). Mann-Whitney test found a significant association between f-CP and intestinal pathogens ( $p=0.048$ ), whereas for the M2-PK, no significant association was found with intestinal pathogens ( $p=0.381$ ).

**Conclusion:** f-CP increases in gastrointestinal infection with intestinal pathogens, but M2-PK does not increase. Therefore, f-CP can be considered a biomarker for gastrointestinal infections caused by microorganisms.

**Keywords:** Fecal calprotectin, GI-syndromic testing, gastrointestinal infection, M2-PK.

## INTRODUCTION

Gastrointestinal diseases contribute significantly to the infectious disease burden throughout the world.<sup>1</sup> Gastrointestinal infections lead to symptoms such as diarrhea and result morbidity and mortality in certain populations.<sup>2</sup> The national prevalence of diarrhea is 6.8% based on the Indonesian government data for 2018.<sup>3</sup> It is of utmost importance that empirical treatment of diarrhea and preventive measures be guided by the impact and distribution of infectious agents on diarrheal disease.<sup>4</sup>

Clinicians frequently have difficulty in differentiating infectious from non-infectious diarrhea.<sup>5</sup> Faecal culture, microscopy, tests for occult blood in feces, and fecal lactoferrin assay are frequently not sensitive enough. Currently, multiplex polymerase chain reaction (PCR) based examinations are preferred, because they can detect the presence of infection in a short time.<sup>6,7</sup> Syndromic testing is a molecular assay that can detect several targets simultaneously, including parasites, viruses and bacteria.<sup>6,7</sup> Gastrointestinal infections assays for biomarkers are needed that are simple, rapid, and accurate, for the diagnosis because faeces flows along the whole intestinal mucosa where molecular markers of damage or inflammation accumulate.<sup>5,8</sup>

Faecal calprotectin (f-CP) and M2 pyruvate kinase (M2-

PK) are gastrointestinal mucosal inflammatory biomarkers. M2-PK is the enzyme responsible for the transfer of phosphate groups in glycolysis. Both dimer M2-PK and tetramers M2-PK are found in proliferating cells of various tissues.<sup>9</sup> As M2-PK is also present in leukocytes, M2-PK may be found in the feces mass that is formed while in contact with the inflamed mucosa of the digestive tract. Because of the high stability of M2-PK, its faecal concentration may reflect the presence of gastrointestinal tract inflammation. The two important uses of M2-PK are the evaluation of cancer screening and the degree of inflammatory bowel disease (IBD).<sup>9,10</sup>

Faecal calprotectin is a Ca-binding protein, that accounts for 60% of the cytosolic proteins in neutrophils. The immunomodulatory and antiproliferative properties of calprotectin serve an important function in antibacterial neutrophil defence.<sup>8</sup> Neutrophil infiltration of the mucosa and migration into the intestinal lumen is indicated by f-CP concentration that correlates positively with inflammatory symptoms and epithelial damage. One study showed that f-CP concentration was higher in diarrhea caused by intestinal bacterial pathogens as compared with diarrhoea from other causes.<sup>8</sup> Lam et al,<sup>8</sup> found that a mean of  $100.77 \mu\text{g/g}$  indicated a significant correlation between f-CP and intestinal pathogens, while

Sýkora et al, determined the cut-off value for differentiating acute bacterial gastroenteritis to be 103.9  $\mu\text{g/g}$ .<sup>5</sup> Not all healthcare facilities have resources for bacterial culture, particularly syndromic testing, which is a rather expensive examination. The aim of this study was to determine the association of f-CP and M2-PK with intestinal pathogens

## METHODOLOGY

This retrospective analytical study used the data of 282 subjects and was carried out from October 2021 until September 2022 in Laboratory department a private hospital in Jakarta. The study obtained ethical clearance from the Ethics Committee, Medicine and Health Sciences Faculty, University of Christian Krida Wacana, Jakarta, (Ref No. 1405/SLKE-IM/UKKW/FKIK/KE/XI/2022, dated November 30, 2022).

The criteria for inclusion were age more than 18 years, having diarrhea, and having undergone simultaneous examinations for f-CP, M2-PK, and GI-syndromic testing. The exclusion criteria were incomplete follow-up, treatment evaluation, and laboratory data.

The fecal specimens were examined for f-CP, M2-PK and GI-syndromic testing. f-CP was examined by means of ELISA (Enzyme Linked Immunosorbent Assay), using IDK® Calprotectin reagents (Immundiagnostik AG, Germany) and an Euroimmune analyzer. M2-PK was also examined by means of ELISA, using the ScheBo® M2-PK™ Stool Test reagents (ScheBoBioTech AG, Germany). GI-syndromic testing was done using Gastrointestinal panel cartridge reagents from QIAstat Dx (QIAGEN, Germany) and QIAstat Dx analyzer. With GI-syndromic testing, in the timespan of 70 minutes, 4 parasites, 6 viruses and 14 bacteria can be determined.

The assay is designed to be used with the QIAstat-Dx Analyzer 1.0 for integrated nucleic acid extraction and multiplex real-time RT-PCR detection. The Gastrointestinal panel assay followed the manufacturer's protocol. The integrated software automatically interpreted the real-time amplification signals and generated a report with results for 24 viral, bacterial, and parasite targets, along with the internal control (IC). The IC verifies the entire analysis process. A positive IC signal ensures a valid Gastrointestinal panel assay result, while a negative IC signal invalidates all results, except for identified Gastrointestinal panel assay targets.<sup>11,12</sup>

**Statistical Analysis:** Data were organized in SPSS version 26. We used the Mann-Whitney test to analyze the relationship between f-CP and GI-syndromic testing and between M2-PK and GI-syndromic testing, with  $p<0.05$ , as a significant difference.

## RESULTS

Out of the 546 faecal specimens collected between October 2021 and September 2022, 282 specimens met the inclusion and exclusion criteria after selection. The subject characteristics and laboratory results are detailed in Table 1. EPEC and EAEC were commonest pathogen

**Table 1: Characteristics of study subjects and laboratory results (n=282).**

Variable	N (%)
<b>Sex</b>	
Male	110 (39)
Female	172 (61)
<b>Age (years)</b>	
<b>Age range</b>	<b>18 – 84</b>
<b>Mean (SD)</b>	<b>50.52±15.20</b>
< 60	190 (67.4)
≥ 60	92 (32.6)
<b>GI-syndromic testing</b>	
Pathogens found	117(41.5)
No pathogens found	165 (58.5)
<b>Fecal calprotectin</b>	
<b>Median (min-max)</b>	<b>77.1 (3.68-2100)</b>
<50 $\mu\text{g/g}$	103(36.5)
≥50 $\mu\text{g/g}$	179 (63.5)
<b>M2-PK (U/mL)</b>	
<b>Median (min-max)</b>	<b>3.55 (1-72.6)</b>
< 4 U/mL	157 (55.7)
≥ 4 U/mL	125 (44.3)

**Table 2: Types of gastrointestinal pathogens (n=117).**

Pathogens	N	%
EPEC	56	34.15
EAEC	30	18.29
<i>Plesiomonas shigelloides</i>	15	9.15
<i>Clostridioides difficile</i> toxin A or B	14	8.54
ETEC (lt/st)	10	6.10
EIEC/Shigella	8	4.88
STEC (stx1/stx2)	6	3.66
<i>Campylobacter</i> spp.	5	3.05
<i>Salmonella</i> spp.	4	2.43
Norovirus GII	4	2.43
Sapovirus	3	1.83
<i>Cryptosporidium</i> spp.	2	1.22
<i>Entamoeba histolytica</i>	1	0.61
<i>Giardia lamblia</i>	1	0.61
<i>Cyclospora cayetanensis</i>	1	0.61
Norovirus GI	1	0.61
Adenovirus F40/F41	1	0.61
<i>Vibrio</i> sp.	1	0.61
<i>Yersinia enterocolitica</i>	1	0.61
Total	164	100%

found (Table 2). EPEC and EAEC and EPEC and *Plesiomonas shigelloides* were commonest pathogens when two pathogens were detected (Table 3). Types of pathogens in co-infections with more than 2 pathogens are shown in Table 4.

The Mann-Whitney test showed that for the association between f-CP and intestinal pathogens a  $p=0.048$  was found, showing a significant association between f-CP and detection of intestinal pathogens. On the other hand, for the association between M2-PK and intestinal pathogens, we found  $p=0.381$ , indicating that there was no significant association between M2-PK concentration and detection of intestinal pathogens.

## DISCUSSION

In this study, the sex distribution showed that most subjects were women at 61%, as compared to men at 39%. The participants of this study had a median age of 52.5 years (range 18-84). A study from Cameroon by Ousenu et al, also found the proportion of gastroenteritis cases in women to be 67.3% compared to men.<sup>13</sup> Our previous study also found that the most frequent cases of gastroenteritis occurred in women (53.8%).<sup>14</sup> In a study from US, 62% of those having complaints of gastroenteritis were women with mean age of  $44.3 \pm 19.6$  years.<sup>15</sup> The study by Schmidt et al, also found a prevalence of 52% in women, somewhat higher than in men (48%).<sup>16</sup> Slightly differing results were found in a study from Shanghai, in which there were more cases of gastroenteritis in men at 52.1%, as compared to women at 47.9%.<sup>17</sup> Sinha et al, concluded that women show a greater diversity of intestinal microbiota as compared to men, but this diversity does not significantly affect the functional level of the intestinal microbiota.<sup>18</sup>

In our study, we found a detection rate of 41.5% for intestinal pathogens in fecal specimens, where the 5 most frequent pathogens were EPEC, EAEC, *Plesiomonas shigelloides*, *Clostridioides difficile* toxin A or B and ETEC. Our results are higher than those of Axelrad et al, with a positivity rate of 29.2% using GI-syndromic testing.<sup>19</sup> Nearly identical findings were obtained by Johansen et al, with a positivity rate of 37% using GI syndromic testing.<sup>1</sup> Likewise, a study by Sobczyk et al,

**Table 3: Types of pathogens in co-infections with 2 pathogens (n=31).**

<b>Pathogens (2 pathogens)</b>	<b>N</b>	<b>%</b>
EPEC and EAEC	9	29.02
EPEC and <i>Plesiomonas shigelloides</i>	5	16.12
EPEC and ETEC (lt/st)	2	6.45
EAEC and <i>Plesiomonas shigelloides</i>	2	6.45
EAEC and <i>C. difficile</i> toxin A or B	2	6.45
EPEC and <i>C. difficile</i> toxin A or B	2	6.45
<i>Plesiomonas shigelloides</i> and <i>Campylobacter</i> spp.	2	6.45
EPEC and <i>Salmonella</i> spp.	1	3.23
EAEC and Norovirus GII	1	3.23
EPEC and <i>Giardia lamblia</i>	1	3.23
EPEC and <i>Campylobacter</i> spp.	1	3.23
ETEC (lt/st) and Norovirus GII	1	3.23
EIEC/ <i>Shigella</i> and STEC (stx1 or stx)	1	3.23
STEC (stx1 or stx2) and <i>C. difficile</i> toxin A or B	1	3.23

**Table 4: Types of pathogens in co-infections with more than 2 pathogens (n=8).**

<b>Pathogens (&gt;2 pathogens)</b>	<b>N</b>	<b>%</b>
EAEC, EPEC and ETEC	1	12.5
EAEC, ETEC (lt/st) and Norovirus GI	1	12.5
EAEC, EPEC and EIEC/ <i>Shigella</i>	1	12.5
EAEC, STEC (stx1 or stx2) and <i>Salmonella</i> sp.	1	12.5
ETEC (lt/st), Sapovirus and Adenovirus F40 or F41	1	12.5
EPEC, ETIC/ <i>Shigella</i> and <i>Cyclospora cayetanensis</i>	1	12.5
<i>Campylobacter</i> spp., <i>Plesiomonas shigelloides</i> and Sapovirus	1	12.5
<i>Vibrio</i> sp., <i>Plesiomonas shigelloides</i> , and <i>Yersinia enterocolitica</i>	1	12.5

found that the multiplex gastrointestinal panel can detect pathogens at a rate of 52.5%.<sup>20</sup>

According to Hu et al, the most prevalent pathogens were EPEC, ETEC, Norovirus, and EAEC. Similar results were found by Axelrad et al, where the 2 most frequent causative pathogens of gastroenteritis were EPEC and Norovirus.<sup>19,21</sup> The Indonesian government study conducted in 2018 by the Ministry of Health, found as the most frequent diarrhea-causing viral pathogens the Rotavirus, Adenovirus and Norovirus, whereas the most frequent bacteria were ETEC, but the study did not detect other pathogenic *E. coli*. Pathogenic *E. coli* are the main etiology of diarrhea in low and middle income countries.<sup>22</sup> A study conducted in several Indonesian cities found that more than 90% of food-borne diseases were caused by contaminating microorganisms and a study from East Java found that rolled noodles contained *E. coli*.<sup>23</sup>

Statistical testing determined that f-CP had a significant relationship with detection of intestinal pathogens, as had also been obtained previously by Lam et al.<sup>8</sup> However, the limitation of this study is that the specificity and

sensitivity of f-CP is only 53-55%, with a cut off value of 133  $\mu\text{g/g}$  according to the ROC curve (data not shown). Migration of the neutrophil and secretion of the calprotectin causes apoptosis or epithelial damage and calprotectin secretion by dead or damaged epithelial cells, such that the calprotectin level increases.<sup>8</sup>

Czub et al, found that M2-PK performed equally in differentiating both acute rotaviral and *Salmonella enteritidis* diarrhea and healthy persons but M2-PK is not proven to be clinically beneficial for the differential diagnosis of infectious acute diarrhea.<sup>9</sup> M2-PK is one of the isoforms of pyruvate kinase that catalyses glycolysis in rapidly dividing cells. Because M2-PK dimers may be expressed in cancer cells and may be detected in plasma, currently M2-PK is used to detect the presence of colorectal cancer. Some studies demonstrated that M2-PK may also be used to show the presence of intestinal inflammation.<sup>24</sup>

The limitation of our study is that there is no cut-off value for f-CP that has excellent sensitivity and specificity, as found by other investigators. We did not differentiate between bacterial pathogens, viruses, and parasites for separate analysis, because of the limited distribution of the viruses as well as the parasites. This study may be taken into consideration by clinicians for using the f-CP biomarker to support the diagnosis of gastrointestinal infections.

## CONCLUSION

Fecal calprotectin was significantly associated with gastrointestinal infection and may therefore be considered for supporting the diagnosis of gastrointestinal infections in adult patients, particularly in healthcare facilities without resources for microbial culture and syndromic testing.

### Author Contributions:

Conception and design: Ade Dharmawan, Pusparini.  
Collection and assembly of data: Ade Dharmawan, Pusparini.  
Analysis and interpretation of data: Ade Dharmawan  
Drafting of the article: Ade Dharmawan.  
Critical revision of article for important intellectual content: Pusparini.  
Statistical Expertise: Pusparini.  
Final approval and guarantor of the article: Pusparini.

**Corresponding author email:** Pusparini: pusparini@trisakti.ac.id

**Conflict of Interest:** None declared.

**Source of Funding:** None disclosed.

Rec. Date: Aug 13, 2024 Revision Rec. Date: Aug 22, 2024 Accept Date: Sept 1, 2024.

## REFERENCES

1. Johansen RL, Schouw CH, Madsen TV, Nielsen XC, Engberg J. Epidemiology of gastrointestinal infections: lessons learned from syndromic testing, Region Zealand, Denmark. Eur J Clin Microbiol Infect Dis 2023;42:1091-1101.
2. Adedire O, Love NK, Hughes HE, Buchan I, Vivancos R, Elliot AJ. Early Detection and Monitoring of Gastrointestinal Infections Using Syndromic Surveillance: A Systematic Review. Int J Environ Res Public Health 2024;21:1-13.
3. Kementerian Kesehatan RI. Laporan Nasional Riskesdas 2018. Badan Penelit dan Pengemb Kesehat 2018;1:1. <https://www.kemkes.go.id/article/view/19093000001/penyakit-jantung-penyebab-kematian-terbanyak-ke-2-di-indonesia.html>
4. Sokic-Milutinovic A, Pavlovic-Markovic A, Tomasevic RS, Lukic S. Diarrhea as a Clinical Challenge: General Practitioner Approach. Dig Dis 2022;40:282-9.
5. Sýkora J, Siala K, Huml M, Varvaovská J, Schwarz J, Pomahaová R. Evaluation of faecal calprotectin as a valuable non-invasive marker in distinguishing gut pathogens in young children with acute gastroenteritis. Acta Paediatr Int J Paediatr 2010;99:1389-95.
6. Cassidy H, Van Genne M, Lizarazo-Forero E, Gard L, Niesters HGM. A discussion of syndromic molecular testing for clinical care. J Antimicrob Chemother 2021;76:58-66.
7. Bard JD, McElvania E. Panels and Syndromic Testing in Clinical Microbiology. Clin Lab Med 2020;40:393-420.
8. Lam YA, Warouw SM, Wahani AMI, Manoppo JJC, Salendu PM. Correlation between gut pathogens and fecal calprotectin levels in young children with acute diarrhea. Paediatr Indones 2014;54:193-7.
9. Czub E, Nowak JK, Moczko J, Lisowska A, Banaszkiewicz A, Banasiewicz T, et al. Comparison of fecal pyruvate kinase isoform M2 and calprotectin in acute diarrhea in hospitalized children. Sci Rep 2014;4:2-4.
10. Aboelsoud A, Elehleh A, Montser B, Talaat A. Study of the diagnostic role of fecal M2 - pyruvate kinase level in patients with colorectal cancer. Menoufia Med J 2021;34:1268-74.
11. Boers SA, Peters CJA, Wessels E, Melchers WJG, Claas ECJ. Performance of the QIAstat-Dx gastrointestinal panel for diagnosing infectious gastroenteritis. J Clin Microbiol 2020;581:e01737-19.
12. Qiagen. Instruction For Use (Handbook) QIAstat-Dx® Gastrointestinal Panel. 2020;1-91.
13. Ousenu K, Sama LF, Ali IM, Fonbah JL, Nadine OS, Dabou S, et al. Aetiology and risk factors of bacterial gastroenteritis among febrile outpatients at the Dschang District Hospital, West Region of Cameroon: A cross-sectional study. BMJ Open 2021;11:1-8.
14. Dharmawan A, Pusparini. Syndromic testing for increasing diagnostic accuracy in gastrointestinal infection. J Infect Dev Ctries 2023;17:1262-7.
15. Moon RC, Bleak TC, Rosenthal NA, Couturier B, Hemmert R, Timbrook TT, et al. Epidemiology and Economic Burden of Acute Infectious Gastroenteritis among Adults Treated in Outpatient Settings in US Health Systems. Am J Gastroenterol 2023;118:1069-79.
16. Schmidt MA, Groom HC, Rawlings AM, Mattison CP, Salas SB, Burke RM, et al. Incidence, Etiology, and Healthcare Utilization for Acute Gastroenteritis in the

Community, United States. *Emerg Infect Dis* 2022;28:2234-42.

- 17. Luo L, Gu Y, Wang X, Zhang Y, Zhan L, Liu J, et al. Epidemiological and clinical differences between sexes and pathogens in a three-year surveillance of acute infectious gastroenteritis in Shanghai. *Sci Rep* 2019;9:1-9.
- 18. Sinha T, Vich Vila A, Garmaeva S, Jankipersadsing SA, Imhann F, Collij V, et al. Analysis of 1135 gut metagenomes identifies sex-specific resistome profiles. *Gut Microbes* 2019;10:358-66.
- 19. Axelrad JE, Freedberg DE, Whittier S, Greendyke W, Lebwohl B, Green DA. Impact of gastrointestinal panel implementation on health care utilization and outcomes. *J Clin Microbiol* 2019;57:1-8.
- 20. Sobczyk J, Jain S, Sun X, Karris M, Wooten D, Stagnaro J, et al. Comparison of multiplex gastrointestinal pathogen panel and conventional stool testing for evaluation of patients with HIV infection. *Open Forum Infect Dis* 2020;7:547.
- 21. Hu P, Liu C, Ruan J, Yuan M, Ju C, Ma Y, et al. FilmArray GI-panel performance for the rapid and multiple detection of gastrointestinal microorganisms in foodborne illness outbreaks in Shenzhen during 2018–2019. *Infect Genet Evol* 2020;86:1-6.
- 22. Puspandari N, Amalia N, Hartoyo Y, Nursofiah S, Sunarno S, Sariadji K, et al. Enteric pathogen among children under five years old with diarrheal diseases in Indonesia. *IOP Conf Ser Earth Environ Sci* 2021;913:1-6.
- 23. Syahrul F, Wahyuni CU, Notobroto HB, Wasito EB, Adi AC, Dwirahmadi F. Transmission media of foodborne diseases as an index prediction of diarrheagenic *Escherichia coli*: Study at elementary school, Surabaya, Indonesia. *Int J Environ Res Public Health* 2020;17:1-13.
- 24. Alhadi SC, Zain WZW, Zahari Z, Hashim MNM, Aziz SHSA, Zakaria Z, et al. The use of M2-pyruvate kinase as a stool biomarker for detection of colorectal cancer in tertiary teaching hospital: A comparative study. *Ann Coloproctol* 2021;36:409-14.

# Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

*By Pusparini Pusparini*

## Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

Ade Dharmawan,<sup>1</sup> Pusparini<sup>2</sup>

<sup>1</sup>Department of Microbiology, Faculty of Medicine and Health Science, Krida Wacana Christian University,

<sup>2</sup>Department of Clinical Pathology, Faculty of Medicine, Universitas Trisakti, Jakarta Indonesia.

**Objective:** To determine the association of Fecal Calprotectin (f-CP) and M2 Pyruvate Kinase (M2-PK) with intestinal pathogens by means of the gastrointestinal syndromic panel.

**Methodology:** This retrospective analytic study was conducted in the laboratory department a private hospital in Jakarta from October 2021 to September 2022. The inclusion criteria comprised patients aged  $\geq 18$  years with gastrointestinal complaints who had undergone f-CP and M2-PK examinations and gastrointestinal syndromic testing. The exclusion criteria were incomplete data on laboratory examinations, follow-up examinations or treatment evaluations. We used the Mann-Whitney test with  $p<0.05$  indicating significantly different.

**Results:** Out of 282 subjects, 69% were women and

31% men, aged 18 to 84 years (mean  $50.52\pm 15.20$ ). In 117 subjects, single pathogen was found in 78 specimens and  $\geq 2$  pathogens in 39. Median f-CP was  $77.1 \mu\text{g/g}$  (3.68-2100) and median M2-PK 3.55 U/mL (1-72.6). Mann-Whitney test found a significant association between f-CP and intestinal pathogens ( $p=0.048$ ), whereas for the M2-PK, no significant association was found with intestinal pathogens ( $p=0.381$ ).

**Conclusion:** f-CP increases in gastrointestinal infection with intestinal pathogens, but M2-PK does not increase. Therefore, f-CP can be considered a biomarker for gastrointestinal infections caused by microorganisms.

**Keywords:** Fecal calprotectin, GI-syndromic testing, gastrointestinal infection, M2-PK.

### INTRODUCTION

Gastrointestinal diseases contribute significantly to the infectious disease burden throughout the world.<sup>1</sup> Gastrointestinal infections lead to symptoms such as diarrhea and result morbidity and mortality in certain populations.<sup>2</sup> The national prevalence of diarrhea is 6.8% based on the Indonesian government data for 2018.<sup>3</sup> It is of utmost importance that empirical treatment of diarrhea and preventive measures be guided by the impact and distribution of infectious agents on diarrheal disease.<sup>4</sup> Clinicians frequently have difficulty in differentiating infectious from non-infectious diarrhea.<sup>5</sup> Faecal culture, microscopy, tests for occult blood in feces, and fecal lactoferrin assay are frequently not sensitive enough. Currently, multiplex polymerase chain reaction (PCR) based examinations are preferred, because they can detect the presence of infection in a short time.<sup>6,7</sup> Syndromic testing is a molecular assay that can detect several targets simultaneously, including parasites, viruses and bacteria.<sup>6,7</sup> Gastrointestinal infections assays for biomarkers are needed that are simple, rapid, and accurate, for the diagnosis because faeces flows along the whole intestinal mucosa where molecular markers of damage or inflammation accumulate.<sup>5,8</sup>

Faecal calprotectin (f-CP) and M2 pyruvate kinase (M2-

PK) are gastrointestinal mucosal inflammatory biomarkers. M2-PK is the enzyme responsible for the transfer of phosphate groups in glycolysis. Both dimer M2-PK and tetramers M2-PK are found in proliferating cells of various tissues.<sup>9</sup> As M2-PK is also present in leukocytes, M2-PK may be found in the feces mass that is formed while in contact with the inflamed mucosa of the digestive tract. Because of the high stability of M2-PK, its faecal concentration may reflect the presence of gastrointestinal tract inflammation. The two important uses of M2-PK are the evaluation of cancer screening and the degree of inflammatory bowel disease (IBD).<sup>9,10</sup> Faecal calprotectin is a Ca-binding protein, that accounts for 60% of the cytosolic proteins in neutrophils. The immunomodulatory and antiproliferative properties of calprotectin serve an important function in antibacterial neutrophil defence.<sup>8</sup> Neutrophil infiltration of the mucosa and migration into the intestinal lumen is indicated by f-CP concentration that correlates positively with inflammatory symptoms and epithelial damage. One study showed that f-CP concentration was higher in diarrhea caused by intestinal bacterial pathogens as compared with diarrhoea from other causes.<sup>8</sup> Lam et al,<sup>8</sup> found that a mean of  $100.77 \mu\text{g/g}$  indicated a significant correlation between f-CP and intestinal pathogens, while

Sýkora et al, determined the cut-off value for differentiating acute bacterial gastroenteritis to be 103.9  $\mu\text{g/g}$ .<sup>5</sup> Not all healthcare facilities have resources for bacterial culture, particularly syndromic testing, which is a rather expensive examination. The aim of this study was to determine the association of f-CP and M2-PK with intestinal pathogens

## METHODOLOGY

This retrospective analytical study used the data of 282 subjects and was carried out from October 2021 until September 2022 in <sup>7</sup> Laboratory department a private hospital in Jakarta. The study obtained ethical clearance from the Ethics Committee, Medicine and Health Sciences Faculty, University of Christian Krida Wacana, Jakarta, (Ref No. 1405/SLKE-IM/UKK/W/FKIK/KE/XI/2022, dated November 30, 2022).

The criteria for inclusion were age more than 18 years, having diarrhea, and having undergone simultaneous examinations for f-CP, M2-PK, and GI-syndromic testing. The exclusion criteria were incomplete follow-up, treatment evaluation, and laboratory data.

The fecal specimens were examined for f-CP, M2-PK and GI-syndromic testing. f-CP was examined by means of ELISA (Enzyme Linked Immunosorbent Assay), using IDK® Calprotectin reagents (Immundiagnostik AG, Germany) and an Euroimmune analyzer. M2-PK was also examined by means of ELISA, using the ScheBo® M2-PK™ Stool Test reagents (ScheBoBioTech AG, Germany). GI-syndromic testing was done using Gastrointestinal panel cartridge reagents from QIAstat Dx (QIAGEN, Germany) and QIAstat Dx analyzer. With GI-syndromic testing, in the timespan of 70 minutes, 4 <sup>2</sup> parasites, 6 viruses and 14 bacteria can be determined.

The assay is designed to be used with the QIAstat-Dx Analyzer 1.0 for integrated nucleic acid extraction and multiplex real-time RT-PCR detection. The Gastrointestinal panel assay followed the manufacturer's protocol. The integrated software automatically interpreted the real-time amplification signals and generated a report with results for 24 viral, bacterial, and parasite targets, along with the internal control (IC). The IC verifies the entire analysis process. A positive IC signal ensures a valid Gastrointestinal panel assay result, while a negative IC signal invalidates all results, except for identified Gastrointestinal panel assay targets.<sup>11,12</sup>

**Statistical Analysis:** Data were organized in SPSS version 26. We used the Mann-Whitney test to analyze the relationship between f-CP and GI-syndromic testing and between M2-PK and GI-syndromic testing, with  $p<0.05$ , as a significant difference.

## RESULTS

Out of the 546 faecal specimens collected between October 2021 and September 2022, 282 specimens met the inclusion and exclusion criteria after selection. The subject characteristics and laboratory results are detailed in Table 1. EPEC and EAEC were commonest pathogen

**Table 1: Characteristics of study subjects and laboratory results (n=282).**

Variable	N (%)
<b>Sex</b>	
Male	110 (39)
Female	172 (61)
<b>Age (years)</b>	
<b>Age range</b>	<b>18 – 84</b>
<b>Mean (SD)</b>	<b>50.52±15.20</b>
< 60	190 (67.4)
≥ 60	92 (32.6)
<b>GI-syndromic testing</b>	
Pathogens found	117(41.5)
No pathogens found	165 (58.5)
<b>Fecal calprotectin</b>	
<b>Median (min-max)</b>	<b>77.1 (3.68-2100)</b>
<50 $\mu\text{g/g}$	103(36.5)
≥50 $\mu\text{g/g}$	179 (63.5)
<b>M2-PK (U/mL)</b>	
<b>Median (min-max)</b>	<b>3.55 (1-72.6)</b>
< 4 U/mL	157 (55.7)
≥ 4 U/mL	125 (44.3)

**Table 2: Types of gastrointestinal pathogens (n=117).**

Pathogens	N	%
EPEC	56	34.15
EAEC	30	18.29
<i>Plesiomonas shigelloides</i>	15	9.15
<i>Clostridioides difficile</i> toxin A or B	14	8.54
ETEC (lt/st)	10	6.10
EIEC/Shigella	8	4.88
STEC (stx1/stx2)	6	3.66
<i>Campylobacter</i> spp.	5	3.05
<i>Salmonella</i> spp.	4	2.43
Norovirus GII	4	2.43
Calicivirus	3	1.83
<i>Cryptosporidium</i> spp.	2	1.22
<i>Entamoeba histolytica</i>	1	0.61
<i>Giardia lamblia</i>	1	0.61
<i>Cyclospora cayetanensis</i>	1	0.61
Norovirus GI	1	0.61
Adenovirus F40/F41	1	0.61
<i>Vibrio</i> sp.	1	0.61
<i>Yersinia enterocolitica</i>	1	0.61
Total	164	100%

found (Table 2). EPEC and EAEC and EPEC and *Plesiomonas shigelloides* were commonest pathogens when two pathogens were detected (Table 3). Types of pathogens in co-infections with more than 2 pathogens are shown in Table 4.

The Mann-Whitney test showed that for the association between f-CP and intestinal pathogens a  $p=0.048$  was found, showing a significant association between f-CP and detection of intestinal pathogens. On the other hand, for the association between M2-PK and intestinal pathogens, we found  $p=0.381$ , indicating that there was no significant association between M2-PK concentration and detection of intestinal pathogens.

## DISCUSSION

In this study, the sex distribution showed that most subjects were women at 61%, as compared to men at 39%. The participants of this study had a median age of 52.5 years (range 18-84). A study from Cameroon by Ousenu et al, also found the proportion of gastroenteritis cases in women to be 67.3% compared to men.<sup>13</sup> Our previous study also found that the most frequent cases of gastroenteritis occurred in women (53.8%).<sup>14</sup> In a study from US, 62% of those having complaints of gastroenteritis were women with mean age of  $44.3 \pm 19.6$  years.<sup>15</sup> The study by Schmidt et al, also found a prevalence of 52% in women, somewhat higher than in men (48%).<sup>16</sup> Slightly differing results were found in a study from Shanghai, in which there were more cases of gastroenteritis in men at 52.1%, as compared to women at 47.9%.<sup>17</sup> Sinha et al, concluded that women show a greater diversity of intestinal microbiota as compared to men, but this diversity does not significantly affect the functional level of the intestinal microbiota.<sup>18</sup>

In our study, we found a detection rate of 41.5% for intestinal pathogens in fecal specimens, where the 5 most frequent pathogens were EPEC, EAEC, *Plesiomonas shigelloides*, *Clostridiooides difficile* toxin A or B and ETEC. Our results are higher than those of Axelrad et al, with a positivity rate of 29.2% using GI-syndromic testing.<sup>19</sup> Nearly identical findings were obtained by Johansen et al, with a positivity rate of 37% using GI syndromic testing.<sup>1</sup> Likewise, a study by Sobczyk et al,

**Table 3: Types of pathogens in co-infections with 2 pathogens (n=31).**

Pathogens (2 pathogens)	N	%
EPEC and EAEC	9	29.02
EPEC and <i>Plesiomonas shigelloides</i>	5	16.12
EPEC and ETEC (lt/st)	2	6.45
EAEC and <i>Plesiomonas shigelloides</i>	2	6.45
EAEC and <i>C. difficile</i> toxin A or B	2	6.45
EPEC and <i>C. difficile</i> toxin A or B	2	6.45
<i>Plesiomonas shigelloides</i> and <i>Campylobacter</i> spp.	2	6.45
EPEC and <i>Salmonella</i> spp.	1	3.23
EAEC and Norovirus GII	1	3.23
EPEC and <i>Giardia lamblia</i>	1	3.23
EPEC and <i>Campylobacter</i> spp.	1	3.23
ETEC (lt/st) and Norovirus GII	1	3.23
EIEC/ <i>Shigella</i> and STEC (stx1 or stx)	1	3.23
STEC (stx1 or stx2) and <i>C. difficile</i> toxin A or B	1	3.23

**Table 4: Types of pathogens in co-infections with more than 2 pathogens (n=8).**

Pathogens (>2 pathogens)	N	%
EAEC, EPEC and ETEC	1	12.5
EAEC, ETEC (lt/st) and Norovirus GI	1	12.5
EAEC, EPEC and EIEC/ <i>Shigella</i>	1	12.5
EAEC, STEC (stx1 or stx2) and <i>Salmonella</i> sp.	1	12.5
ETEC (lt/st), Sapovirus and Adenovirus F40 or F41	1	12.5
EPEC, ETIC/ <i>Shigella</i> and <i>Cyclospora cayetanensis</i>	1	12.5
<i>Campylobacter</i> spp., <i>Plesiomonas shigelloides</i> and Sapovirus	1	12.5
<i>Vibrio</i> sp., <i>Plesiomonas shigelloides</i> , and <i>Yersinia enterocolitica</i>	1	12.5

found that the multiplex gastrointestinal panel can detect pathogens at a rate of 52.5%.<sup>20</sup>

According to Hu et al, the most prevalent pathogens were EPEC, ETEC, Norovirus, and EAEC. Similar results were found by Axelrad et al, where the 2 most frequent causative pathogens of gastroenteritis were EPEC and Norovirus.<sup>19,21</sup> The Indonesian government study conducted in 2018 by the Ministry of Health, found as the most frequent diarrhea-causing viral pathogens the Rotavirus, Adenovirus and Norovirus, whereas the most frequent bacteria were ETEC, but the study did not detect other pathogenic *E. coli*.<sup>8</sup> Pathogenic *E. coli* are the main etiology of diarrhea in low and middle income countries.<sup>22</sup> A study conducted in several Indonesian cities found that more than 90% of food-borne diseases were caused by contaminating microorganisms and a study from East Java found that rolled noodles contained *E. coli*.<sup>23</sup>

Statistical testing determined that f-CP had a significant relationship with detection of intestinal pathogens, as had also been obtained previously by Lam et al.<sup>8</sup> However, the limitation of this study is that the specificity and

sensitivity of f-CP is only 53-55%, with a cut off value of 133  $\mu\text{g/g}$  according to the ROC curve (data not shown). Migration of the neutrophil and secretion of the calprotectin causes apoptosis or epithelial damage and calprotectin secretion by dead or damaged epithelial cells, such that the calprotectin level increases.<sup>8</sup>

Czub et al, found that M2-PK performed equally in differentiating both acute rotaviral and *Salmonella enteritidis* diarrhea and healthy persons but M2-PK is not proven to be clinically beneficial for the differential diagnosis of infectious acute diarrhea.<sup>9</sup> M2-PK is one of the isoforms of pyruvate kinase that catalyses glycolysis in rapidly dividing cells. Because M2-PK dimers may be expressed in cancer cells and may be detected in plasma, currently M2-PK is used to detect the presence of colorectal cancer. Some studies demonstrated that M2-PK may also be used to show the presence of intestinal inflammation.<sup>24</sup>

The limitation of our study is that there is no cut-off value for f-CP that has excellent sensitivity and specificity, as found by other investigators. We did not differentiate between bacterial pathogens, viruses, and parasites for separate analysis, because of the limited distribution of the viruses as well as the parasites. This study may be taken into consideration by clinicians for using the f-CP biomarker to support the diagnosis of gastrointestinal infections.

## CONCLUSION

Fecal calprotectin was significantly associated with gastrointestinal infection and may therefore be considered for supporting the diagnosis of gastrointestinal infections in adult patients, particularly in healthcare facilities without resources for microbial culture and syndromic testing.

### Author Contributions:

Conception and design: Ade Dharmawan, Pusparini.

Collection and assembly of data: Ade Dharmawan, Pusparini.

Analysis and interpretation of data: Ade Dharmawan

Drafting of the article: Ade Dharmawan.

Critical revision of article for important intellectual content: Pusparini.

Statistical Expertise: Pusparini.

Final approval and guarantor of the article: Pusparini.

**Corresponding author email:** Pusparini: pusparini@trisakti.ac.id

**Conflict of Interest:** None declared.

**Source of Funding:** None disclosed.

Rec. Date: Aug 13, 2024 Revision Rec. Date: Aug 22, 2024 Accept Date: Sept 1, 2024.

## REFERENCES

1. Johansen RL, Schouw CH, Madsen TV, Nielsen XC, Engberg J. Epidemiology of gastrointestinal infections: lessons learned from syndromic testing, Region Zealand, Denmark. Eur J Clin Microbiol Infect Dis 2023;42:1091-1101.
2. Adedire O, Love NK, Hughes HE, Buchan I, Vivancos R, Elliot AJ. Early Detection and Monitoring of Gastrointestinal Infections Using Syndromic Surveillance: A Systematic Review. Int J Environ Res Public Health 2024;21:1-13.
3. Kementerian Kesehatan RI. Laporan Nasional Riskesdas 2018. Badan Penelitian dan Pengembangan Kesehatan 2018;1:1. <https://www.kemkes.go.id/article/view/19093000001/penyakit-jantung-penyebab-kematian-terbanyak-ke-2-di-indonesia.html>
4. Sokic-Milutinovic A, Pavlovic-Markovic A, Tomasevic RS, Lukic S. Diarrhea as a Clinical Challenge: General Practitioner Approach. Dig Dis 2022;40:282-9.
5. Sýkora J, Siala K, Huml M, Varvaovská J, Schwarz J, Pomahaová R. Evaluation of faecal calprotectin as a valuable non-invasive marker in distinguishing gut pathogens in young children with acute gastroenteritis. Acta Paediatr Int J Paediatr 2010;99:1389-95.
6. Cassidy H, Van Genne M, Lizarazo-Forero E, Gard L, Nieters HGM. A discussion of syndromic molecular testing for clinical care. J Antimicrob Chemother 2021;76:58-66.
7. Bard JD, McElvania E. Panels and Syndromic Testing in Clinical Microbiology. Clin Lab Med 2020;40:393-420.
8. Lam YA, Warouw SM, Wahani AMI, Manoppo JJC, Salendu PM. Correlation between gut pathogens and fecal calprotectin levels in young children with acute diarrhea. Paediatr Indones 2014;54:193-7.
9. Czub E, Nowak JK, Moczko J, Lisowska A, Banaszkiewicz A, Banasiewicz T, et al. Comparison of fecal pyruvate kinase isoform M2 and calprotectin in acute diarrhea in hospitalized children. Sci Rep 2014;4:2-4.
10. Aboelsoud A, Elehleh A, Montser B, Talaat A. Study of the diagnostic role of fecal M2 - pyruvate kinase level in patients with colorectal cancer. Menoufia Med J 2021;34:1268-74.
11. Boers SA, Peters CJA, Wessels E, Melchers WJG, Claas ECJ. Performance of the QIAstat-Dx gastrointestinal panel for diagnosing infectious gastroenteritis. J Clin Microbiol 2020;58:e01737-19.
12. Qiagen. Instruction For Use (Handbook) QIAstat-Dx® Gastrointestinal Panel. 2020;1-91.
13. Ousenu K, Sama LF, Ali IM, Fonbah JL, Nadine OS, Dabou S, et al. Aetiology and risk factors of bacterial gastroenteritis among febrile outpatients at the Dschang District Hospital, West Region of Cameroon: A cross-sectional study. BMJ Open 2021;11:1-8.
14. Dharmawan A, Pusparini. Syndromic testing for increasing diagnostic accuracy in gastrointestinal infection. J Infect Dev Ctries 2023;17:1262-7.
15. Moon RC, Bleak TC, Rosenthal NA, Couturier B, Hemmert R, Timbrook TT, et al. Epidemiology and Economic Burden of Acute Infectious Gastroenteritis among Adults Treated in Outpatient Settings in US Health Systems. Am J Gastroenterol 2023;118:1069-79.
16. Schmidt MA, Groom HC, Rawlings AM, Mattison CP, Salas SB, Burke RM, et al. Incidence, Etiology, and Healthcare Utilization for Acute Gastroenteritis in the

Community, United States. *Emerg Infect Dis* 2022;28:2234-42.

- 17. Luo L, Gu Y, Wang X, Zhang Y, Zhan L, Liu J, et al. Epidemiological and clinical differences between sexes and pathogens in a three-year surveillance of acute infectious gastroenteritis in Shanghai. *Sci Rep* 2019;9:1-9.
- 18. Sinha T, Vich Vila A, Garmaeva S, Jankipersadsing SA, Imhann F, Collij V, et al. Analysis of 1135 gut metagenomes identifies sex-specific resistome profiles. *Gut Microbes* 2019;10:358-66.
- 19. Axelrad JE, Freedberg DE, Whittier S, Greendyke W, Lebwohl B, Green DA. Impact of gastrointestinal panel implementation on health care utilization and outcomes. *J Clin Microbiol* 2019;57:1-8.
- 20. Sobczyk J, Jain S, Sun X, Karris M, Wooten D, Stagnaro J, et al. Comparison of multiplex gastrointestinal pathogen panel and conventional stool testing for evaluation of patients with HIV infection. *Open Forum Infect Dis* 2020;7:547.
- 21. Hu P, Liu C, Ruan J, Yuan M, Ju C, Ma Y, et al. FilmArray GI-panel performance for the rapid and multiple detection of gastrointestinal microorganisms in foodborne illness outbreaks in Shenzhen during 2018–2019. *Infect Genet Evol* 2020;86:1-6.
- 22. Puspandari N, Amalia N, Hartoyo Y, Nursofiah S, Sunarno S, Sariadji K, et al. Enteric pathogen among children under five years old with diarrheal diseases in Indonesia. *IOP Conf Ser Earth Environ Sci* 2021;913:1-6.
- 23. Syahrul F, Wahyuni CU, Notobroto HB, Wasito EB, Adi AC, Dwirahmadi F. Transmission media of foodborne diseases as an index prediction of diarrheagenic *Escherichia coli*: Study at elementary school, Surabaya, Indonesia. *Int J Environ Res Public Health* 2020;17:1-13.
- 24. Alhadi SC, Zain WZW, Zahari Z, Hashim MNM, Aziz SHSA, Zakaria Z, et al. The use of M2-pyruvate kinase as a stool biomarker for detection of colorectal cancer in tertiary teaching hospital: A comparative study. *Ann Coloproctol* 2021;36:409-14.

# Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

---

ORIGINALITY REPORT

---

5%  
SIMILARITY INDEX

---

PRIMARY SOURCES

---

1	<a href="http://docksci.com">docksci.com</a> Internet	37 words — 1%
2	<a href="http://www.qiagen.com">www.qiagen.com</a> Internet	24 words — 1%
3	<a href="http://www.ncbi.nlm.nih.gov">www.ncbi.nlm.nih.gov</a> Internet	19 words — 1%
4	<a href="http://sites.kowsarpub.com">sites.kowsarpub.com</a> Internet	15 words — 1%
5	<a href="http://academic.oup.com">academic.oup.com</a> Internet	9 words — < 1%
6	<a href="http://www.journalijar.com">www.journalijar.com</a> Internet	9 words — < 1%
7	<a href="http://bmchealthservres.biomedcentral.com">bmchealthservres.biomedcentral.com</a> Internet	8 words — < 1%
8	<a href="http://www.medrxiv.org">www.medrxiv.org</a> Internet	8 words — < 1%
9	<a href="http://www.wjgnet.com">www.wjgnet.com</a> Internet	8 words — < 1%

---

EXCLUDE QUOTES      ON  
EXCLUDE BIBLIOGRAPHY    ON

EXCLUDE SOURCES      OFF  
EXCLUDE MATCHES      < 8 WORDS