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Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

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Objective: To determine the association of Fecal Calprotectin (f-CP) and M2 Pyruvate Kinase (M2-PK) with intestinal pathogens by means of the gastrointestinal syndromic panel.

Methodology: This retrospective analytic study was conducted in the laboratory department a private hospital in Jakarta from October 2021 to September 2022. The inclusion criteria comprised patients aged ≥ 18 years with gastrointestinal complaints who had undergone f-CP and M2-PK examinations and gastrointestinal syndromic testing. The exclusion criteria were incomplete data on laboratory examinations, follow-up examinations or treatment evaluations. We used the Mann-Whitney test with $p < 0.05$ indicating significantly different.

Results: Out of 282 subjects, 69% were women and

31% men, aged 18 to 84 years (mean 50.52 ± 15.20). In 117 subjects, single pathogen was found in 78 specimens and ≥ 2 pathogens in 39. Median f-CP was $77.1 \mu\text{g/g}$ (3.68-2100) and median M2-PK 3.55 U/mL (1-72.6). Mann-Whitney test found a significant association between f-CP and intestinal pathogens ($p = 0.048$), whereas for the M2-PK, no significant association was found with intestinal pathogens ($p = 0.381$).

Conclusion: f-CP increases in gastrointestinal infection with intestinal pathogens, but M2-PK does not increase. Therefore, f-CP can be considered a biomarker for gastrointestinal infections caused by microorganisms.

Keywords: Fecal calprotectin, GI-syndromic testing, gastrointestinal infection, M2-PK.

INTRODUCTION

Gastrointestinal diseases contribute significantly to the infectious disease burden throughout the world.¹ Gastrointestinal infections lead to symptoms such as diarrhea and result morbidity and mortality in certain populations.² The national prevalence of diarrhea is 6.8% based on the Indonesian government data for 2018.³ It is of utmost importance that empirical treatment of diarrhea and preventive measures be guided by the impact and distribution of infectious agents on diarrheal disease.⁴ Clinicians frequently have difficulty in differentiating infectious from non-infectious diarrhea.⁵ Faecal culture, microscopy, tests for occult blood in feces, and fecal lactoferrin assay are frequently not sensitive enough. Currently, multiplex polymerase chain reaction (PCR) based examinations are preferred, because they can detect the presence of infection in a short time.^{6,7} Syndromic testing is a molecular assay that can detect several targets simultaneously, including parasites, viruses and bacteria.^{6,7} Gastrointestinal infections assays for biomarkers are needed that are simple, rapid, and accurate, for the diagnosis because faeces flows along the whole intestinal mucosa where molecular markers of damage or inflammation accumulate.^{5,8} Faecal calprotectin (f-CP) and M2 pyruvate kinase (M2-

PK) are gastrointestinal mucosal inflammatory biomarkers. M2-PK is the enzyme responsible for the transfer of phosphate groups in glycolysis. Both dimer M2-PK and tetramers M2-PK are found in proliferating cells of various tissues.⁹ As M2-PK is also present in leukocytes, M2-PK may be found in the feces mass that is formed while in contact with the inflamed mucosa of the digestive tract. Because of the high stability of M2-PK, its faecal concentration may reflect the presence of gastrointestinal tract inflammation. The two important uses of M2-PK are the evaluation of cancer screening and the degree of inflammatory bowel disease (IBD).^{9,10} Faecal calprotectin is a Ca-binding protein, that accounts for 60% of the cytosolic proteins in neutrophils. The immunomodulatory and antiproliferative properties of calprotectin serve an important function in antibacterial neutrophil defence.⁸ Neutrophil infiltration of the mucosa and migration into the intestinal lumen is indicated by f-CP concentration that correlates positively with inflammatory symptoms and epithelial damage. One study showed that f-CP concentration was higher in diarrhea caused by intestinal bacterial pathogens as compared with diarrhoea from other causes.⁸ Lam et al,⁸ found that a mean of $100.77 \mu\text{g/g}$ indicated a significant correlation between f-CP and intestinal pathogens, while

Sýkora et al, determined the cut-off value for differentiating acute bacterial gastroenteritis to be 103.9 µg/g.⁵ Not all healthcare facilities have resources for bacterial culture, particularly syndromic testing, which is a rather expensive examination. The aim of this study was to determine the association of f-CP and M2-PK with intestinal pathogens

METHODOLOGY

This retrospective analytical study used the data of 282 subjects and was carried out from October 2021 until September 2022 in Laboratory department a private hospital in Jakarta. The study obtained ethical clearance from the Ethics Committee, Medicine and Health Sciences Faculty, University of Christian Krida Wacana, Jakarta, (Ref No. 1405/SLKE-IM/UKKW/FKIK/KE/XI/2022, dated November 30, 2022).

The criteria for inclusion were age more than 18 years, having diarrhea, and having undergone simultaneous examinations for f-CP, M2-PK, and GI-syndromic testing. The exclusion criteria were incomplete follow-up, treatment evaluation, and laboratory data.

The fecal specimens were examined for f-CP, M2-PK and GI-syndromic testing. f-CP was examined by means of ELISA (Enzyme Linked Immunosorbent Assay), using IDK® Calprotectin reagents (Immundiagnostik AG, Germany) and an Euroimmune analyzer. M2-PK was also examined by means of ELISA, using the ScheBo® M2-PK™ Stool Test reagents (ScheBoBioTech AG, Germany). GI-syndromic testing was done using Gastrointestinal panel cartridge reagents from QIAstat Dx (QIAGEN, Germany) and QIAstat Dx analyzer. With GI-syndromic testing, in the timespan of 70 minutes, 4 parasites, 6 viruses and 14 bacteria can be determined.

The assay is designed to be used with the QIAstat-Dx Analyzer 1.0 for integrated nucleic acid extraction and multiplex real-time RT-PCR detection. The Gastrointestinal panel assay followed the manufacturer's protocol. The integrated software automatically interpreted the real-time amplification signals and generated a report with results for 24 viral, bacterial, and parasite targets, along with the internal control (IC). The IC verifies the entire analysis process. A positive IC signal ensures a valid Gastrointestinal panel assay result, while a negative IC signal invalidates all results, except for identified Gastrointestinal panel assay targets.^{11,12}

Statistical Analysis: Data were organized in SPSS version 26. We used the Mann-Whitney test to analyze the relationship between f-CP and GI-syndromic testing and between M2-PK and GI-syndromic testing, with $p < 0.05$, as a significant difference.

RESULTS

Out of the 546 faecal specimens collected between October 2021 and September 2022, 282 specimens met the inclusion and exclusion criteria after selection. The subject characteristics and laboratory results are detailed in Table 1. EPEC and EAEC were commonest pathogen

Table 1: Characteristics of study subjects and laboratory results (n=282).

Variable	N (%)
Sex	
Male	110 (39)
Female	172 (61)
Age (years)	
Age range	18 – 84
Mean (SD)	50.52±15.20
< 60	190 (67.4)
≥ 60	92 (32.6)
GI-syndromic testing	
Pathogens found	117(41.5)
No pathogens found	165 (58.5)
Fecal calprotectin	
Median (min-max)	77.1 (3.68-2100)
<50 µg/g	103(36.5)
≥50 µg/g	179 (63.5)
M2-PK (U/mL)	
Median (min-max)	3.55 (1-72.6)
< 4 U/mL	157 (55.7)
≥ 4 U/mL	125 (44.3)

Table 2: Types of gastrointestinal pathogens (n=117).

Pathogens	N	%
EPEC	56	34.15
EAEC	30	18.29
<i>Plesiomonas shigelloides</i>	15	9.15
<i>Clostridioides difficile</i> toxin A or B	14	8.54
ETEC (<i>lt/st</i>)	10	6.10
EIEC/ <i>Shigella</i>	8	4.88
STEC (<i>stx1/stx2</i>)	6	3.66
<i>Campylobacter</i> spp.	5	3.05
<i>Salmonella</i> spp.	4	2.43
Norovirus GII	4	2.43
Sapovirus	3	1.83
<i>Cryptosporidium</i> spp.	2	1.22
<i>Entamoeba histolytica</i>	1	0.61
<i>Giardia lamblia</i>	1	0.61
<i>Cyclospora cayetanensis</i>	1	0.61
Norovirus GI	1	0.61
Adenovirus F40/F41	1	0.61
<i>Vibrio</i> sp.	1	0.61
<i>Yersinia enterocolitica</i>	1	0.61
Total	164	100%

found (Table 2). EPEC and EAEC and EPEC and *Plesiomonas shigelloides* were commonest pathogens when two pathogens were detected (Table 3). Types of pathogens in co-infections with more than 2 pathogens are shown in Table 4.

The Mann-Whitney test showed that for the association between f-CP and intestinal pathogens a $p=0.048$ was found, showing a significant association between f-CP and detection of intestinal pathogens. On the other hand, for the association between M2-PK and intestinal pathogens, we found $p=0.381$, indicating that there was no significant association between M2-PK concentration and detection of intestinal pathogens.

DISCUSSION

In this study, the sex distribution showed that most subjects were women at 61%, as compared to men at 39%. The participants of this study had a median age of 52.5 years (range 18-84). A study from Cameroon by Ousenu et al, also found the proportion of gastroenteritis cases in women to be 67.3% compared to men.¹³ Our previous study also found that the most frequent cases of gastroenteritis occurred in women (53.8%).¹⁴ In a study from US, 62% of those having complaints of gastroenteritis were women with mean age of 44.3 ± 19.6 years.¹⁵ The study by Schmidt et al, also found a prevalence of 52% in women, somewhat higher than in men (48%).¹⁶ Slightly differing results were found in a study from Shanghai, in which there were more cases of gastroenteritis in men at 52.1%, as compared to women at 47.9%.¹⁷ Sinha et al, concluded that women show a greater diversity of intestinal microbiota as compared to men, but this diversity does not significantly affect the functional level of the intestinal microbiota.¹⁸

In our study, we found a detection rate of 41.5% for intestinal pathogens in fecal specimens, where the 5 most frequent pathogens were EPEC, EAEC, *Plesiomonas shigelloides*, *Clostridioides difficile* toxin A or B and ETEC. Our results are higher than those of Axelrad et al, with a positivity rate of 29.2% using GI-syndromic testing.¹⁹ Nearly identical findings were obtained by Johansen et al, with a positivity rate of 37% using GI syndromic testing.¹ Likewise, a study by Sobczyk et al,

Table 3: Types of pathogens in co-infections with 2 pathogens (n=31).

Pathogens (2 pathogens)	N	%
EPEC and EAEC	9	29.02
EPEC and <i>Plesiomonas shigelloides</i>	5	16.12
EPEC and ETEC (lt/st)	2	6.45
EAEC and <i>Plesiomonas shigelloides</i>	2	6.45
EAEC and <i>C. difficile</i> toxin A or B	2	6.45
EPEC and <i>C. difficile</i> toxin A or B	2	6.45
<i>Plesiomonas shigelloides</i> and <i>Campylobacter</i> spp.	2	6.45
EPEC and <i>Salmonella</i> spp.	1	3.23
EAEC and Norovirus GII	1	3.23
EPEC and <i>Giardia lamblia</i>	1	3.23
EPEC and <i>Campylobacter</i> spp.	1	3.23
ETEC (lt/st) and Norovirus GII	1	3.23
EIEC/ <i>Shigella</i> and STEC (stx1 or stx)	1	3.23
STEC (stx1 or stx2) and <i>C. difficile</i> toxin A or B	1	3.23

Table 4: Types of pathogens in co-infections with more than 2 pathogens (n=8).

Pathogens (>2 pathogens)	N	%
EAEC, EPEC and ETEC	1	12.5
EAEC, ETEC (lt/st) and Norovirus GI	1	12.5
EAEC, EPEC and EIEC/ <i>Shigella</i>	1	12.5
EAEC, STEC (stx1 or stx2) and <i>Salmonella</i> sp.	1	12.5
ETEC (lt/st), Sapovirus and Adenovirus F40 or F41	1	12.5
EPEC, ETEC/ <i>Shigella</i> and <i>Cyclospora cayetanensis</i>	1	12.5
<i>Campylobacter</i> spp., <i>Plesiomonas shigelloides</i> and Sapovirus	1	12.5
<i>Vibrio</i> sp., <i>Plesiomonas shigelloides</i> , and <i>Yersinia enterocolitica</i>	1	12.5

found that the multiplex gastrointestinal panel can detect pathogens at a rate of 52.5%.²⁰

According to Hu et al, the most prevalent pathogens were EPEC, ETEC, Norovirus, and EAEC. Similar results were found by Axelrad et al, where the 2 most frequent causative pathogens of gastroenteritis were EPEC and Norovirus.^{19,21} The Indonesian government study conducted in 2018 by the Ministry of Health, found as the most frequent diarrhea-causing viral pathogens the Rotavirus, Adenovirus and Norovirus, whereas the most frequent bacteria were ETEC, but the study did not detect other pathogenic *E. coli*. Pathogenic *E. coli* are the main etiology of diarrhea in low and middle income countries.²² A study conducted in several Indonesian cities found that more than 90% of food-borne diseases were caused by contaminating microorganisms and a study from East Java found that rolled noodles contained *E. coli*.²³

Statistical testing determined that f-CP had a significant relationship with detection of intestinal pathogens, as had also been obtained previously by Lam et al.⁸ However, the limitation of the this study is that the specificity and

sensitivity of f-CP is only 53-55%, with a cut off value of 133 µg/g according to the ROC curve (data not shown). Migration of the neutrophil and secretion of the calprotectin causes apoptosis or epithelial damage and calprotectin secretion by dead or damaged epithelial cells, such that the calprotectin level increases.⁸

Czub et al, found that M2-PK performed equally in differentiating both acute rotaviral and *Salmonella enteritidis* diarrhea and healthy persons but M2-PK is not proven to be clinically beneficial for the differential diagnosis of infectious acute diarrhea.⁹ M2-PK is one of the isoforms of pyruvate kinase that catalyses glycolysis in rapidly dividing cells. Because M2-PK dimers may be expressed in cancer cells and may be detected in plasma, currently M2-PK is used to detect the presence of colorectal cancer. Some studies demonstrated that M2-PK may also be used to show the presence of intestinal inflammation.²⁴

The limitation of our study is that there is no cut-off value for f-CP that has excellent sensitivity and specificity, as found by other investigators. We did not differentiate between bacterial pathogens, viruses, and parasites for separate analysis, because of the limited distribution of the viruses as well as the parasites. This study may be taken into consideration by clinicians for using the f-CP biomarker to support the diagnosis of gastrointestinal infections.

CONCLUSION

Fecal calprotectin was significantly associated with gastrointestinal infection and may therefore be considered for supporting the diagnosis of gastrointestinal infections in adult patients, particularly in healthcare facilities without resources for microbial culture and syndromic testing.

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Analysis and interpretation of data: Ade Dharmawan
Drafting of the article: Ade Dharmawan.
Critical revision of article for important intellectual content: Pusparini.
Statistical Expertise: Pusparini.

Final approval and guarantor of the article: Pusparini.

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Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

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Association of fecal calprotectin and M2 pyruvate kinase with fecal pathogenic microorganisms in gastrointestinal infection

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Objective: To determine the association of Fecal Calprotectin (f-CP) and M2 Pyruvate Kinase (M2-PK) with intestinal pathogens by means of the gastrointestinal syndromic panel.

Methodology: This retrospective analytic study was conducted in the laboratory department a private hospital in Jakarta from October 2021 to September 2022. The inclusion criteria comprised patients aged ≥ 18 years with gastrointestinal complaints who had undergone f-CP and M2-PK examinations and gastrointestinal syndromic testing. The exclusion criteria were incomplete data on laboratory examinations, follow-up examinations or treatment evaluations. We used the Mann-Whitney test with $p < 0.05$ indicating significantly different.

Results: Out of 282 subjects, 69% were women and

31% men, aged 18 to 84 years (mean 50.52 ± 15.20). In 117 subjects, single pathogen was found in 78 specimens and ≥ 2 pathogens in 39. Median f-CP was $77.1 \mu\text{g/g}$ (3.68-2100) and median M2-PK 3.55 U/mL (1-72.6). Mann-Whitney test found a significant association between f-CP and intestinal pathogens ($p=0.048$), whereas for the M2-PK, no significant association was found with intestinal pathogens ($p=0.381$).

Conclusion: f-CP increases in gastrointestinal infection with intestinal pathogens, but M2-PK does not increase. Therefore, f-CP can be considered a biomarker for gastrointestinal infections caused by microorganisms.

Keywords: Fecal calprotectin, GI-syndromic testing, gastrointestinal infection, M2-PK.

INTRODUCTION

Gastrointestinal diseases contribute significantly to the infectious disease burden throughout the world.¹ Gastrointestinal infections lead to symptoms such as diarrhea and result morbidity and mortality in certain populations.² The national prevalence of diarrhea is 6.8% based on the Indonesian government data for 2018.³ It is of utmost importance that empirical treatment of diarrhea and preventive measures be guided by the impact and distribution of infectious agents on diarrheal disease.⁴ Clinicians frequently have difficulty in differentiating infectious from non-infectious diarrhea.⁵ Faecal culture, microscopy, tests for occult blood in feces, and fecal lactoferrin assay are frequently not sensitive enough. Currently, multiplex polymerase chain reaction (PCR) based examinations are preferred, because they can detect the presence of infection in a short time.^{6,7} Syndromic testing is a molecular assay that can detect several targets simultaneously, including parasites, viruses and bacteria.^{6,7} Gastrointestinal infections assays for biomarkers are needed that are simple, rapid, and accurate, for the diagnosis because faeces flows along the whole intestinal mucosa where molecular markers of damage or inflammation accumulate.^{5,8}

Faecal calprotectin (f-CP) and M2 pyruvate kinase (M2-

PK) are gastrointestinal mucosal inflammatory biomarkers. M2-PK is the enzyme responsible for the transfer of phosphate groups in glycolysis. Both dimer M2-PK and tetramers M2-PK are found in proliferating cells of various tissues.⁹ As M2-PK is also present in leukocytes, M2-PK may be found in the feces mass that is formed while in contact with the inflamed mucosa of the digestive tract. Because of the high stability of M2-PK, its faecal concentration may reflect the presence of gastrointestinal tract inflammation. The two important uses of M2-PK are the evaluation of cancer screening and the degree of inflammatory bowel disease (IBD).^{9,10} Faecal calprotectin is a Ca-binding protein, that accounts for 60% of the cytosolic proteins in neutrophils. The immunomodulatory and antiproliferative properties of calprotectin serve an important function in antibacterial neutrophil defence.⁸ Neutrophil infiltration of the mucosa and migration into the intestinal lumen is indicated by f-CP concentration that correlates positively with inflammatory symptoms and epithelial damage. One study showed that f-CP concentration was higher in diarrhea caused by intestinal bacterial pathogens as compared with diarrhoea from other causes.⁸ Lam et al,⁸ found that a mean of $100.77 \mu\text{g/g}$ indicated a significant correlation between f-CP and intestinal pathogens, while

Sýkora et al, determined the cut-off value for differentiating acute bacterial gastroenteritis to be 103.9 $\mu\text{g/g}$.⁵ Not all healthcare facilities have resources for bacterial culture, particularly syndromic testing, which is a rather expensive examination. The aim of this study was to determine the association of f-CP and M2-PK with intestinal pathogens

METHODOLOGY

This retrospective analytical study used the data of 282 subjects and was carried out from October 2021 until September 2022 in Laboratory department a private hospital in Jakarta. The study obtained ethical clearance from the Ethics Committee, Medicine and Health Sciences Faculty, University of Christian Krida Wacana, Jakarta, (Ref No. 1405/SLKE-IM/UKKW/FKIK/KE/XI/2022, dated November 30, 2022).

The criteria for inclusion were age more than 18 years, having diarrhea, and having undergone simultaneous examinations for f-CP, M2-PK, and GI-syndromic testing. The exclusion criteria were incomplete follow-up, treatment evaluation, and laboratory data.

The fecal specimens were examined for f-CP, M2-PK and GI-syndromic testing. f-CP was examined by means of ELISA (Enzyme Linked Immunosorbent Assay), using IDK® Calprotectin reagents (Immundiagnostik AG, Germany) and an Euroimmune analyzer. M2-PK was also examined by means of ELISA, using the ScheBo® M2-PK™ Stool Test reagents (ScheBoBioTech AG, Germany). GI-syndromic testing was done using Gastrointestinal panel cartridge reagents from QIAstat Dx (QIAGEN, Germany) and QIAstat Dx analyzer. With GI-syndromic testing, in the timespan of 70 minutes, 4 parasites, 6 viruses and 14 bacteria can be determined.

The assay is designed to be used with the QIAstat-Dx Analyzer 1.0 for integrated nucleic acid extraction and multiplex real-time RT-PCR detection. The Gastrointestinal panel assay followed the manufacturer's protocol. The integrated software automatically interpreted the real-time amplification signals and generated a report with results for 24 viral, bacterial, and parasite targets, along with the internal control (IC). The IC verifies the entire analysis process. A positive IC signal ensures a valid Gastrointestinal panel assay result, while a negative IC signal invalidates all results, except for identified Gastrointestinal panel assay targets.^{11,12}

Statistical Analysis: Data were organized in SPSS version 26. We used the Mann-Whitney test to analyze the relationship between f-CP and GI-syndromic testing and between M2-PK and GI-syndromic testing, with $p < 0.05$, as a significant difference.

RESULTS

Out of the 546 faecal specimens collected between October 2021 and September 2022, 282 specimens met the inclusion and exclusion criteria after selection. The subject characteristics and laboratory results are detailed in Table 1. EPEC and EAEC were commonest pathogen

Table 1: Characteristics of study subjects and laboratory results (n=282).

Variable	N (%)
Sex	
Male	110 (39)
Female	172 (61)
Age (years)	
Age range	18 – 84
Mean (SD)	50.52±15.20
< 60	190 (67.4)
≥ 60	92 (32.6)
GI-syndromic testing	
Pathogens found	117(41.5)
No pathogens found	165 (58.5)
Fecal calprotectin	
Median (min-max)	77.1 (3.68-2100)
<50 $\mu\text{g/g}$	103(36.5)
≥50 $\mu\text{g/g}$	179 (63.5)
M2-PK (U/mL)	
Median (min-max)	3.55 (1-72.6)
< 4 U/mL	157 (55.7)
≥ 4 U/mL	125 (44.3)

Table 2: Types of gastrointestinal pathogens (n=117).

Pathogens	N	%
EPEC	56	34.15
EAEC	30	18.29
<i>Plesiomonas shigelloides</i>	15	9.15
<i>Clostridioides difficile</i> toxin A or B	14	8.54
ETEC (lt/st)	10	6.10
EIEC/Shigella	8	4.88
STEC (stx1/stx2)	6	3.66
<i>Campylobacter</i> spp.	5	3.05
<i>Salmonella</i> spp.	4	2.43
Norovirus GII	4	2.43
6apovirus	3	1.83
<i>Cryptosporidium</i> spp.	2	1.22
<i>Entamoeba histolytica</i>	1	0.61
<i>Giardia lamblia</i>	1	0.61
<i>Cyclospora cayetanensis</i>	1	0.61
Norovirus GI	1	0.61
Adenovirus F40/F41	1	0.61
<i>Vibrio</i> sp.	1	0.61
<i>Yersinia enterocolitica</i>	1	0.61
Total	164	100%

found (Table 2). EPEC and EAEC and EPEC and *Plesiomonas shigelloides* were commonest pathogens when two pathogens were detected (Table 3). Types of pathogens in co-infections with more than 2 pathogens are shown in Table 4.

The Mann-Whitney test showed that for the association between f-CP and intestinal pathogens a $p=0.048$ was found, showing a significant association between f-CP and detection of intestinal pathogens. On the other hand, for the association between M2-PK and intestinal pathogens, we found $p=0.381$, indicating that there was no significant association between M2-PK concentration and detection of intestinal pathogens.

DISCUSSION

In this study, the sex distribution showed that most subjects were women at 61%, as compared to men at 39%. The participants of this study had a median age of 52.5 years (range 18-84). A study from Cameroon by Ousenu et al, also found the proportion of gastroenteritis cases in women to be 67.3% compared to men.¹³ Our previous study also found that the most frequent cases of gastroenteritis occurred in women (53.8%).¹⁴ In a study from US, 62% of those having complaints of gastroenteritis were women with mean age of 44.3 ± 19.6 years.¹⁵ The study by Schmidt et al, also found a prevalence of 52% in women, somewhat higher than in men (48%).¹⁶ Slightly differing results were found in a study from Shanghai, in which there were more cases of gastroenteritis in men at 52.1%, as compared to women at 47.9%.¹⁷ Sinha et al, concluded that women show a greater diversity of intestinal microbiota as compared to men, but this diversity does not significantly affect the functional level of the intestinal microbiota.¹⁸

In our study, we found a detection rate of 41.5% for intestinal pathogens in fecal specimens, where the 5 most frequent pathogens were EPEC, EAEC, *Plesiomonas shigelloides*, *Clostridioides difficile* toxin A or B and ETEC. Our results are higher than those of Axelrad et al, with a positivity rate of 29.2% using GI-syndromic testing.¹⁹ Nearly identical findings were obtained by Johansen et al, with a positivity rate of 37% using GI syndromic testing.¹ Likewise, a study by Sobczyk et al,

Table 3: Types of pathogens in co-infections with 2 pathogens (n=31).

Pathogens (2 pathogens)	N	%
EPEC and EAEC	9	29.02
EPEC and <i>Plesiomonas shigelloides</i>	5	16.12
EPEC and ETEC (lt/st)	2	6.45
EAEC and <i>Plesiomonas shigelloides</i>	2	6.45
EAEC and <i>C. difficile</i> toxin A or B	2	6.45
EPEC and <i>C. difficile</i> toxin A or B	2	6.45
<i>Plesiomonas shigelloides</i> and <i>Campylobacter</i> spp.	2	6.45
EPEC and <i>Salmonella</i> spp.	1	3.23
EAEC and Norovirus GII	1	3.23
EPEC and <i>Giardia lamblia</i>	1	3.23
EPEC and <i>Campylobacter</i> spp.	1	3.23
ETEC (lt/st) and Norovirus GII	1	3.23
EIEC/ <i>Shigella</i> and STEC (stx1 or stx)	1	3.23
STEC (stx1 or stx2) and <i>C. difficile</i> toxin A or B	1	3.23

Table 4: Types of pathogens in co-infections with more than 2 pathogens (n=8).

Pathogens (>2 pathogens)	N	%
EAEC, EPEC and ETEC	1	12.5
EAEC, ETEC (lt/st) and Norovirus GI	1	12.5
EAEC, EPEC and EIEC/ <i>Shigella</i>	1	12.5
EAEC, STEC (stx1 or stx2) and <i>Salmonella</i> sp.	1	12.5
ETEC (lt/st), Sapovirus and Adenovirus F40 or F41	1	12.5
EPEC, ETEC/ <i>Shigella</i> and <i>Cyclospora cayetanensis</i>	1	12.5
<i>Campylobacter</i> spp., <i>Plesiomonas shigelloides</i> and Sapovirus	1	12.5
<i>Vibrio</i> sp., <i>Plesiomonas shigelloides</i> , and <i>Yersinia enterocolitica</i>	1	12.5

found that the multiplex gastrointestinal panel can detect pathogens at a rate of 52.5%.²⁰

According to Hu et al, the most prevalent pathogens were EPEC, ETEC, Norovirus, and EAEC. Similar results were found by Axelrad et al, where the 2 most frequent causative pathogens of gastroenteritis were EPEC and Norovirus.^{19,21} The Indonesian government study conducted in 2018 by the Ministry of Health, found as the most frequent diarrhea-causing viral pathogens the Rotavirus, Adenovirus and Norovirus, whereas the most frequent bacteria were ETEC, but the study did not detect other pathogenic *E. coli*.⁸ Pathogenic *E. coli* are the main etiology of diarrhea in low and middle income countries.²² A study conducted in several Indonesian cities found that more than 90% of food-borne diseases were caused by contaminating microorganisms and a study from East Java found that rolled noodles contained *E. coli*.²³

Statistical testing determined that f-CP had a significant relationship with detection of intestinal pathogens, as had also been obtained previously by Lam et al.⁸ However, the limitation of the this study is that the specificity and

sensitivity of f-CP is only 53-55%, with a cut off value of 133 $\mu\text{g/g}$ according to the ROC curve (data not shown). Migration of the neutrophil and secretion of the calprotectin causes apoptosis or epithelial damage and calprotectin secretion by dead or damaged epithelial cells, such that the calprotectin level increases.⁸

Czub et al, found that M2-PK performed equally in differentiating both acute rotaviral and *Salmonella enteritidis* diarrhea and healthy persons but M2-PK is not proven to be clinically beneficial for the differential diagnosis of infectious acute diarrhea.⁹ M2-PK is one of the isoforms of pyruvate kinase that catalyses glycolysis in rapidly dividing cells. Because M2-PK dimers may be expressed in cancer cells and may be detected in plasma, currently M2-PK is used to detect the presence of colorectal cancer. Some studies demonstrated that M2-PK may also be used to show the presence of intestinal inflammation.²⁴

The limitation of our study is that there is no cut-off value for f-CP that has excellent sensitivity and specificity, as found by other investigators. We did not differentiate between bacterial pathogens, viruses, and parasites for separate analysis, because of the limited distribution of the viruses as well as the parasites. This study may be taken into consideration by clinicians for using the f-CP biomarker to support the diagnosis of gastrointestinal infections.

CONCLUSION

Fecal calprotectin was significantly associated with gastrointestinal infection and may therefore be considered for supporting the diagnosis of gastrointestinal infections in adult patients, particularly in healthcare facilities without resources for microbial culture and syndromic testing.

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4. Collection and assembly of data: Ade Dharmawan, Pusparini.

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