



PIT
PERDOSRI XXII
2023 — MALANG



CERTIFICATE

Presented to

Dr. Nuryani Sidarta, Sp.K.F.R.

as

**PARTICIPANT
WORKSHOP**

Functional Movement Analysis in Sport, From Basic to Practice

The 22nd Annual Scientific Meeting of
The Indonesian Association of Physical Medicine and Rehabilitation
"Rising to the Challenge: Innovations and Strategies for Rehabilitation in a
Post-Pandemic World"

PIT XXII PERDOSRI 2023

October 4th-7th, 2023

Accreditation IDI No. 3130/PB/A.4/10/2023

Participant 8 SKP | Instructor 8 SKP | Committee 3 SKP

Accreditation Kolegium IKFRI No. 028/Kol.IKFRI/REK/VIII/2023

Participant 8 SKP | Instructor 2 SKP | Committee 3 SKP

Prof. DR. Dr. Hening Laswati, Sp.K.F.R., K.R. (K)
Chairperson Collage (Board)
of Indonesian Physical Medicine and Rehabilitation

Dr. Rumaisah Hasan, Sp.K.F.R.,N.M. (K), AIFO-K
President of The Indonesian Association of Physical
Medicine and Rehabilitation (PERDOSRI)

DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
Chairperson of Committee



WORKSHOP PIT XXII PERDOSRI 2023

Functional Movement Analysis in Sport, From Basic to Practice

Time WIB/GMT +7	EVENT
07.50 - 07.55	Pre Test
08.00-08.30	Functional Movement Analysis, the Basic of Movement
08.30-09.00	Abnormalities of Movement, the Biomechanic
09.15-09.45	Postural Analysis
09.45-10.15	Running and Jumping Analysis
10.15-10.45	Landing Analysis
10.45 - 11.00	Discussion

11.20 - 11.25	Case Presentatioon
11.25 - 12.00	Case Discussion
12.45 - 13.45	Station 1 Functional Movement Screen (hands on)
13.45 - 14.45	Station 2 Movement Analysis with App (hands on)
14.45 - 15.45	Station 3 Basic Assessment Whole Body Reaction, Balance, Handheld Dynamometer, CPET Portable (hands on)
15.45 - 15.50	Post Test