



PIT
PERDOSRI XXII
2023 — MALANG



CERTIFICATE

Presented to

Dr. Nuryani Sidarta, Sp.K.F.R.

as

PARTICIPANT

**The 22nd Annual Scientific Meeting of
The Indonesian Association of Physical Medicine and Rehabilitation**

**"Rising to the Challenge: Innovations and Strategies for
Rehabilitation in a Post-Pandemic World"**

PIT XXII PERDOSRI 2023

October 4th-7th, 2023

Accreditation IDI Symposium No. 3122/PB/A.4/10/2023

Participant 10 SKP | Speaker 12 SKP | Moderator 4 SKP | Committee 2 SKP

Accreditation PP Perdosri No. 028/PP/P2KB/B/08/2023

Participant 15 SKP | Speaker 12 SKP | Moderator 4 SKP | Committee 2 SKP

Prof. DR. Dr. Hening Laswati, Sp.K.F.R., K.R. (K)
Chairperson Collage (Board)
of Indonesian Physical Medicine and Rehabilitation

Dr. Rumaisah Hasan, Sp.K.F.R.,N.M. (K), AIFO-K
President of The Indonesian Association of Physical
Medicine and Rehabilitation (PERDOSRI)

DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
Chairperson of Committee



SYMPOSIUM PIT XXII PERDOSRI 2023

Time WIB/GMT +7	Thursday Oct 5th		
09.00 - 09.15	Keynote Speech (ISPRM President) Rehabilitation 2030: A Call For Action: The Road to Improve Rehabilitation Globally and What Need to be Done by National PRM Society		
09.15 - 09.35	Plenary Lecture 1 Unlocking the Path to Pain Relief: A Comprehensive Approach to Pain Management in Rehabilitation Medicine with a Focus on the International Classification of Functioning, Disability, and Health (ICF)		
09.35 - 09.55	Plenary Lecture 2 Rehabilitation for Cancer Patients		
10.30 - 10.35	SS I (Pediatric Rehabilitation) Enhancing Ambulatory Function in Neuromuscular Disorder		SS 2 (Geriatric Rehabilitation) Building Resilience in Geriatric Rehabilitation: Strategies for the Post-Pandemic Era
10.35 - 10.55	Physiatrists View of Mobility Problem in Pediatric NMD		Empowering Geriatric Rehabilitation : Innovations and Strategies for the Post-Pandemic Journey
10.55 - 11.15	Neuromuscular Disorder in Children: Concentrating on Gait Disturbance and Orthotics Choices		Exploring Digital Solutions in Geriatric Rehabilitation: Meeting the Needs of Post-Pandemic Generation
11.15 - 11.35	The Art of Mobility Aids for Neuromuscular Disorder		Enhancing Geriatric Rehabilitation Services in the New Normal : Innovations and Solutions
11.35 - 11.45	Discussion		Discussion
12.55 - 13.00	SS 3 (Musculoskeletal Rehabilitation) Updates in Rehabilitation of Diabetic Foot	12.55 - 13.00	SS 4 (Neuromuscular Rehabilitation) Recent Treatment of Language Disorder in Stroke Patient
13.00 - 13.15	Physiatrist Role in Integrated Diabetic Foot Team	13.00 - 13.20	Behavioral Therapy to Improve Language in Stroke Aphasia
13.15 - 13.35	Orthotics for Diabetic Foot: When & What?	13.20 - 13.40	Optimal Timing of Intervention: Chronic VS Acute Phase
13.35 - 13.50	The Role of Plantar Foot Pressure Measurement in Prevention of Diabetic Foot Ulceration	13.40 - 14.00	Noninvasive Brain Stimulation for Language Disorder
13.50 - 14.05	Artificial Intelligence (AI) for Diabetic Foot	14.00 - 14.10	Discussion
14.05 - 14.10	Discussion		

14.25 - 14.30	SS 5 (Sport Rehabilitation) Swimmer's Shoulder; What to do in Rehabilitation Perspective	SS 6 (Social Rehabilitation) Community Based Rehabilitation, Return to Work, and Disaster Management (Disaster Preparedness)
14.30 - 14.50	Biomechanics of Swimmer's Shoulder; The Pathology of Movement	Community Based Rehabilitation
14.50 - 15.10	Shoulder Pain in Competitive Swimmers: The Role of Posture Dysfunction	Functional Capacity Evaluation Role in Return to Work Program
15.10 - 15.30	Return to Sport, How to Continuing Swimming Without Pain	PMR Services in Natural Disaster
15.30 - 15.45	Discussion	Discussion
15.45 - 15.50	SS 7 (Cardiorespiratory Rehabilitation) Cardiorespiratory Rehabilitation at Your Hands: The Role of Technology in Bridging Rehab to Your Daily Life	SS 8 (Pain Rehabilitation) Current Updates & Interesting Case in Pain Rehabilitation Topic: Post Covid Pain
15.50 - 16.10	Combination of Hospital-Based and Home-Based in Cardiac Rehabilitation	How Does Covid Affect Muskuloskeletal
16.10 - 16.30	The Utilization of Advance Technologies in Cardiorespiratory Rehabilitation	Dealing with Post Covid Pain
16.30 - 16.50	Evidence Based Medicine in Cardiorespiratory Telerehabilitation	Will Exercise Improve Post Covid Pain?
16.50 - 17.00	Discussion	Discussion



Time WIB/GMT +7	Friday Oct 6th		
09.00 - 09.20	Plenary Lecture 4 The Future, Challenges, and Opportunities for Asia-Oceanian PMR – Where are We?		
09.20-09.35	Ethics & Patient Safety		
09.35 – 10.35	Multi-Disciplinary Discussion Ask the Specialist of Rehabilitation & Team: All About Down Syndrome		
10.45 – 10.50	SS 9 (Pediatric Rehabilitation) Modernization of Spasticity Management in Cerebral Palsy	SS 10 (Geriatric Rehabilitation) Interesting Case Discussion: Comprehensive Geriatric Rehabilitation Management	
		10.50 - 10.57	Overview of Geriatric Rehabilitation Management
10:50 – 11.10	Guidelines for the Use of Botulinum Toxin in CP	10.57-11.14	Overview of Telerehabilitation
11.10 – 11.30	Is Intrathecal Baclofen also Effective for CP?	11.14-11.21	Overview of Long Term Care
11.30 – 11.50	Nonpharmacological Management in CP: What & When?	11.21-11.30	Case Presentation
		11.30-11.55	Case Discussion
11.50 – 11.55	Discussion	SS 12 (Neuromuscular Rehabilitation) Interesting Case in Neuromuscular Rehabilitation: Spinal Cord Injury ec Spondylitis TB	
		How to Determine Severity and Level of Injury?	
13.00 - 13.05	SS 11 (Musculoskeletal Rehabilitation) Current Updates & Interesting Case in Musculoskeletal Rehabilitation: Low Back Pain	How to Determine Ambulation Prognosis?	
13.05 - 13.25	Establishing the Diagnosis of Degenerative Disk Disease of the Spine	How to Manage Neurogenic Lower Urinary Tract Dysfunction (NLUTD)	
13.25 - 13.45	Updates in PMR Management for Degenerative Disk Disease of the Spine	Discussion	
13.45 - 14.05	When to do Surgery in Degenerative Disk Disease of the Spine?	Discussion	
14.05 - 14.10	Discussion	Discussion	

SYMPOSIUM PIT XXII PERDOSRI 2023

14.10 - 14.15	SS 13 (Sport Rehabilitation) Spinal Pain in Sport Injury, How to Deal With It?	SS 14 (Social Rehabilitation) Hajj Pilgrism's Health, Medical Tourism, Club Exercise & Paralympic
14.15 - 14.35	Biomechanics of Spine	PMR Specialist Role in Hajj Pilgrism's Physical Activities
14.35 - 14.55	Spinal Pain in Sport Injury	Establishing Excellent Services for Pain & Wellness Center: Interdisciplinary Patient-Centered Care
14.55 - 15.15	Rehabilitation Management of Spinal Pain in Sport Injury; Return to Sport Program	Sports-Medical Assessment for Athletes with Disability in the Paralympics
15.15 - 15.20	Discussion	Discussion
15.30 - 15.35	SS 15 (Cardiorespiratory Rehabilitation) Implying Multidisciplinary Aspects to Enhance Surgery Result Following Thoracic and Upper Abdominal Surgery	SS 16 (Pain Rehabilitation) Digging the Source of Pain
15.35 - 15.55	Essentials of Identifying Cardiorespiratory Complications	Managing Dry Neddling vs Prolotherapy, What is the Rationale?
15.55 - 16.15	Pre-Operative Rehabilitation Strategies and Intervention	Managing Ischiofemoral Conservative to Intervention with Ultrasound Findings
16.15 - 16.35	Significance of Immediate Post-Operative Rehabilitation	Managing an Upper Extremity Entrapment Neuropathic Pain from Conventional to Interventional
16.35 - 16.40	Discussion	Discussion