

1 **ORIGINAL ARTICLE**

2

3 **Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the**
4 **cerebellar cortex of ~~Sprague-Dawley~~ rats after being exposed to filtered kretek**
5 **cigarette smoke**

6

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22 **Abstract**

23 **Background:** Filtered kretek cigarette smoke is in the form of gas containing solid
24 materials (particulates). Such cigarette smoke contains carcinogenic substances. In
25 addition, it is stated that tobacco has a significant negative impact on the development of
26 neural structures, causes addiction, and affects brain activity and function.

27 Aim **of this paper was** to determine the effect of filtered kretek cigarette smoke on the
28 density of pyramidal cells in the cerebral cortex, and Purkinje cells in the ~~rat~~ cerebellar
29 ~~cortex~~.

30 **Methods:** The study was conducted experimental and control group design. Group 1 (6
31 rats) is the control group, the rats breathe using ordinary air. Group 2 (6 rats) is a group of
32 rats exposed to filtered kretek cigarette smoke 1 stick/day for 3 months of treatment.
33 Observations were made on pyramidal cells in the rat cerebral cortex, and Purkinje cells in
34 the ~~cerebellar cortex~~ ~~rat cerebellar~~.

35 **Results:** The distribution of pyramidal cells in the cerebral cortex ~~at~~ the hippocampus
36 area of rats in the group 1 was expected. In contrast, the group 2 showed a decrease in the
37 density of pyramidal cells. There was a difference in the density of pyramidal cells in the
38 rat cerebral cortex between the group 1 compared to the group 2 ($p < 0.001$). Purkinje cells
39 in the ~~cerebellar cortex~~ ~~rat cerebellar~~ in the group 1 were normal, while in the group 2 there
40 was a picture of degenerated Purkinje cells. The distance between Purkinje cells in the
41 ~~cerebellar cortex~~ ~~cerebellar~~ of the group 1 was denser compared to the group 2 ($p < 0.001$).

42 **Conclusion:** Rats exposed to kretek cigarette smoke 1 stick/day for 3 months decreased
43 pyramidal cell density in the ~~hippocampus area of the~~ cerebral cortex ~~at the hippocampus~~
44 ~~area~~. The same thing happened: exposure to kretek cigarette smoke 1 stick/day for 3
45 months decreased Purkinje cell density in the ~~cerebellar cortex~~ ~~rat cerebellar~~.

47 **Keywords:** ~~cerebral~~ ~~cerebral cortex~~, ~~and~~ ~~cerebell~~ ~~cerebellar cortex~~, filtered kretek
48 cigarette smoke, pyramidal cell, ~~cerebellar~~ Purkinje cell.

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50 **Introduction**

51 Smoking is a global problem that causes health problems. Around 2.5 billion people in the
52 world are smokers and that number is in third-world countries. Indonesia's population is
53 included in the group of third-world countries, meaning that many of the population
54 consume cigarettes.¹

55 Cigarette smoke is a gas that contains solid materials (particulates). In addition,
56 cigarette smoke is also known to contain carcinogenic ingredients. Moreover, it is stated
57 that tobacco has a significant negative impact on the development of nervous structures,²
58 and cause addiction.³Gases and particulates of cigarettes are channeled into the alveoli.⁴In
59 addition, it is also stated that smoking affects the activity and function of the brain and
60 interferes with the psychology of cigarette addicts.⁵

61 The cerebral is the largest and most prominent part of the brain. The cerebral is
62 divided into the right and left hemispheres by a deep groove or fissure called the major
63 longitudinal fissure.⁶The surface of the cerebral is extended by many gyri, which are
64 elevations and are separated by grooves called sulci.⁷The cerebral cortex has neurons with
65 pyramid-shaped cell bodies.⁸The outside of the cerebral hemispheres consists of gray
66 matter called the cerebral cortex, while the inside of the cerebral hemispheres consists of
67 white matter called the center of the medulla.⁶White matter contains myelinated and
68 unmyelinated fibers, oligodendrocytes, fibrous astrocytes, and microglial cells. Gray
69 matter contains perikaryon or nerve cell bodies, unmyelinated fibers, myelinated fibers,
70 astrocytes, oligodendrocytes, and microglial cells. The distinctive color of the white
71 matter indicates the number of myelinated nerve fibers.⁷

72 The cerebral cortex acts as a center for learning, memory, sensory integration,
73 information analysis, and initiation of motor responses. This structure is composed of gray
74 matter and is estimated to contain 10 billion nerve cells.⁹The most abundant nerve cells
75 are efferent pyramidal cells and are easily observed microscopically.¹⁰

76 The results of previous studies showed that cigarette smoke is a risk factor for the
77 occurrence of aneurysms in the brain (cerebral aneurysms). It has also been reported that
78 cigarette smoke increases the risk of rupture.^{11, 12}It was further stated that more than 80%
79 of patients with aneurysmal subarachnoid hemorrhage (ASH) had a history of smoking,
80 and 50–60% were smokers.¹¹So far, it is not known how filtered kretek cigarette smoke
81 affects the biometrics of brain cells.

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82 Previous research has shown the importance of cell biometrics as a characteristic
83 that needs to be developed to assist in early diagnosis at the cellular and tissue levels. This
84 needs to be done so that the diagnosis related to cell abnormalities is determined more
85 objectively based on the quantitative data obtained and not only qualitative data. The brain
86 is the focus of research because of the importance of this organ in the regulation of body
87 activities. In addition, parts of the brain, namely the cerebral and cerebellar, are vulnerable
88 to exposure to foreign substances.^{13, 14} Cigarette smoke mostly contains alkaloids. The
89 results of previous studies have shown that cigarette smoke is associated with decreased
90 cognitive function and causes dementia. In more detail, it is stated that cigarette smoke
91 causes thickening of the cortex in the brain.¹⁵ Another study has demonstrated that
92 cigarette smoke inhibits mitochondrial respiration in the rat brain.¹⁶

93 To explore more deeply the effect of cigarette smoke on the density of pyramidal
94 cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex, we used Sprague-
95 Dawley rats as animal models. Our recent research demonstrates the importance of cell
96 biometrics as a characteristic that needs to be developed to aid early diagnosis at both
97 cellular and tissue levels.^{17, 18}

98 **Methods**

100 **Research design**

101 This study used *Rattus norvegicus*, Sprague-Dawley strain to test the effect of filtered
102 kretek cigarette smoke on pyramidal cells in the cerebral cortex and Purkinje cell density in
103 the cerebellar cortex. There are 2 groups in this study, namely the treatment group and the
104 control group so the design used is experimental and control group design.

105 **Location and time of research**

106 Experimental animal treatment was carried out at the RSHP Laboratory of the Faculty of
107 Veterinary Medicine, IPB-University, Bogor, Indonesia. Histological observations of the
108 preserved preparations of rat brains (cerebral and cerebellar) were carried out at the
109 Biology Laboratory, Faculty of Medicine, Universitas Trisakti, Jakarta, Indonesia. This
110 research was conducted between September 2021 to June 2022. This research has received
111 a certificate of passing the ethical review from the Research Ethics Commission of the
112 Faculty of Medicine, Universitas Trisakti, with No: 184/KER/FK/VIII/2018.

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114 **Selecting and grouping of experimental animals**

115 *Rattus novergicus*, Sprague-Dawley strain, aged about 2-3 months with a body weight of
116 200-250 grams as the inclusion criteria, while the exclusion criteria were if the rats died
117 during treatment. The number of samples is calculated based on the provisions of WHO
118 which states that in experimental research at least 5 animals are used. In this study, 6 rats
119 were used in each group. Group 1 is the control group, while group 2 is the treatment
120 group.

121 **Treatment of experimental animals**

122 At the beginning of the study, rats were acclimatized for 1 week. Eating and drinking were
123 given to rats during acclimatization. During acclimatization, rats were not treated. After
124 acclimatization, the groups were randomly assigned. Group 1 (6 rats) is the control group,
125 the rats breathe using ordinary air. Group 2 (6 rats) is a group of rats exposed to filtered
126 kretek cigarette smoke 1 stick/day for 3 months (90 days) of treatment.

127 Filtered kretek cigarette smoke exposure was carried out in a smoking chamber
128 measuring 45 x 35 x 20 cm (31 500 cm³). The oxygen valve is opened, then the cigarette is
129 attached to the pipe connected to the pump, then the cigarette is burned and the pump is
130 turned on so that the smoke will enter the smoking chamber and be inhaled by the rats.
131 Filtered kretek cigarette smoke exposure was carried out on group 2 for 10 minutes every
132 day in the morning.

133 The rearing cage measures 482 x 267 x 210 mm (27025740 mm³=27025.740 cm³).
134 The treatment cage room was equipped with air conditioning with a temperature of 22 ±
135 3°C, humidity 55 ± 5%, and LED lights (12:12 hours, light and dark cycle), feed and drink
136 in normal amounts (reasonable). The type of feed given is standard feed. The standard feed
137 used for rats was brailer-II pellet (BR-II) containing corn, soybean meal, wheat pollard,
138 coconut meal, fish meal, meat meal, rice flour, tapioca, coconut oil, and fish oil premix.
139 Feed and water are provided ad libitum. Feed is given as much as 10% body weight (± 10-
140 15 grams head/day). Feed is given every day in the morning and evening. Drinking water
141 for rats is always changed every day.

142 After treatment, the rats were anesthetized until they died. Anesthesia using
143 ketamine 100 mg/kg body weight and xylazine 10 mg/kg body weight intra peritoneally.
144 After the treatment, the experimental animals were sacrificed by euthanasia, then their

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145 organs, namely the brain, were taken. To take the rat brain, decapitation was carried out,
146 then the skull and brain were separated. The brain that had been separated from the skull,
147 was then put into a small pot containing 10% neutral buffer formalin (NBF).

148

149 **Observation of rat cerebral and cerebellar tissues**

150 The thickness of the cerebral tissue, as well as the cerebellar prepared for making slides, is
151 3 mm. Rat cerebral tissue, as well as rat cerebellar tissue in paraffin blocks were cut with a
152 thickness of 5 μm . Next, the tissue sections were stained with hematoxylin & eosin (HE).
153 Observations were made on pyramidal cells in the cerebral cortex, ~~i~~in the hippocampus
154 area. In addition, Purkinje cells were also observed in the **gray matter of cerebellar cortex**.
155 Observation ~~of~~ of pyramidal cells and Purkinje cells was carried out by 3 observers
156 according to predetermined guidelines.

157

158 **Data Analysis**

159 The statistical test chosen in this study was an independent statistical test T-test to compare
160 the histometric brain cells of rats between the group 1 and the group 2. Differences between
161 groups were stated if the results of the analysis showed a p value < 0.05 .

162 **Results**

163 Brain morphology of ~~S~~Sprague-Dawley rats and sites of tissue sectioning for preparation of
164 slides from the cerebral and cerebellar, are presented in Figure 1.



165

166 Figure 1. Brain morphology of ~~S~~Sprague-Dawley rats and sites of tissue sectioning for
167 preparation of slides from the cerebral and cerebellar. Red circle=bregma; white

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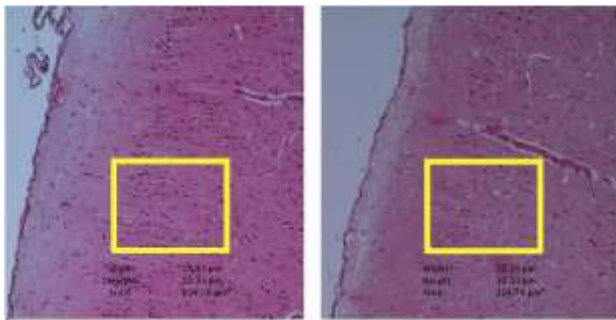
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168 circle= λ ; black line=tissue cutting site for making cerebral slides; red line=tissue
169 cutting site for making cerebellar slides.

170 Photomicrograph of rat cerebral cortex_in group 1 and group 2 are presented in
171 Figure 2, while a comparison of the density of pyramidal cells in the cerebral cortex of rats
172 in the hippocampal area between groups 1 and group 2 is presented in Figure 3.

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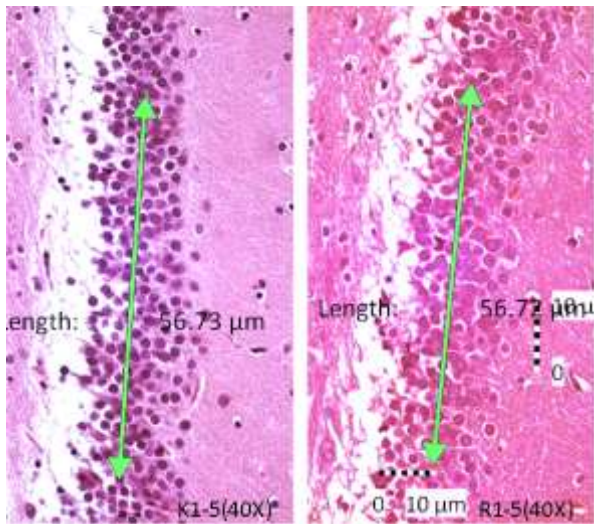
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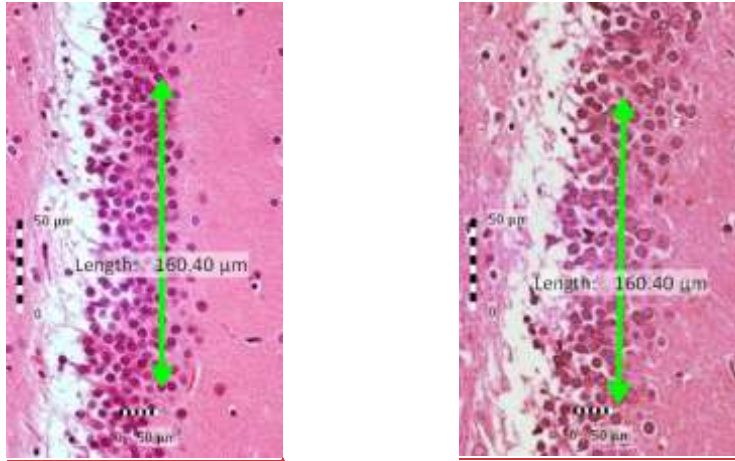
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177 Figure 2. Photomicrograph of rat cerebral cortex, stained with hematoxylin & eosin
178 (objective 10 X). Yellow rectangles are used to show the density of pyramidal cells. A.
179 Cortex cerebral of rat in group 1. B. Cortex cerebral of rat in group 2.

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Group 1

Group 2

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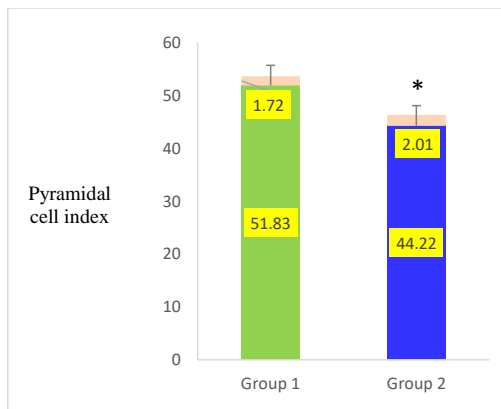
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183 Figure 3. Hippocampus area of cortex cerebral in rat. A. Hippocampus area of cortex
 184 cerebral in group 1, stained with hematoxylin & eosin (objective 40 X). B. Hippocampus
 185 area of cortex cerebral in group 2, stained with hematoxylin& eosin (objective 40 X).

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186 Based on Figure 3 above, the distribution of pyramidal cells in the rats cerebral
 187 cortex at the hippocampus area of group 1 was normal, while in the group 2 showed a
 188 decrease in pyramidal cell density. Comparison of pyramidal cell indices in the rats cerebral
 189 cortex at the hippocampus area between group 1 and group 2 is presented in Figure 4.



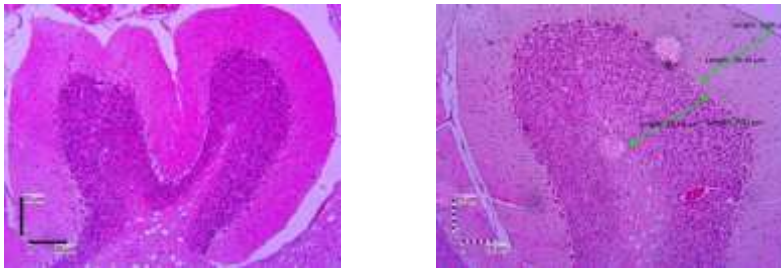
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191 Figure 4. Comparison of pyramidal cell index in the hippocampus area of the rat cerebral
 192 cortex. *=significant difference (p<0.001).

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193 The density of pyramidal cells in the rats cerebral cortex at the hippocampus area
194 between the group 1 compared to group 2 ($p < 0.001$). The result of statistical analysis
195 showed that t value = 22.262; $df = 118$; mean difference = 7.60983; SE diff. = 0.34182; 95%
196 CI = 6.93293 - 8.28674.

197 Photomicrograph of the rats cerebellar is presented in Figure 5, and Figure 6.

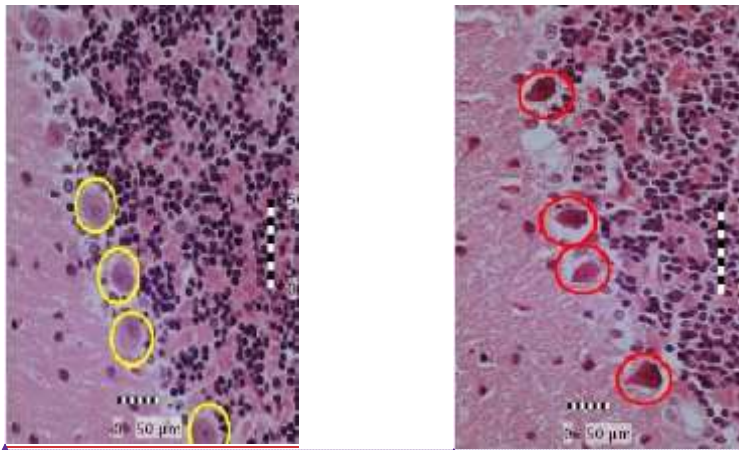


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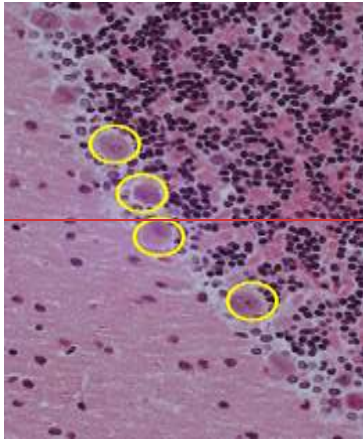
198 Figure 5. Photomicrograph of rats cerebellar. A. Photomicrograph of rat cerebellar, stained
199 with hematoxylin & eosin, objective 4 X. B. Photomicrograph of rat cerebellar, stained with
200 hematoxylin & eosin, objective 10 X.

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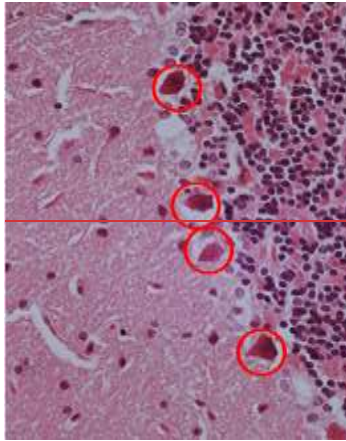


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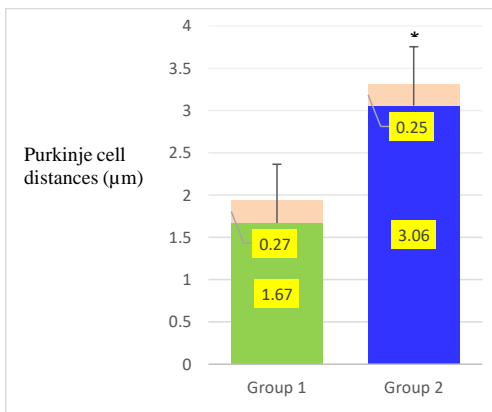
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202 Figure 6. Histological appearance of the rat cerebellar cortex. A. Rats cerebellar cortex in
 203 the group 1, stained with hematoxylin & eosin, objective 40 X. B. Rats cerebellar cortex in
 204 the group 2, stained with hematoxylin & eosin, objective 40 X. Purkinje cells in the rat
 205 cerebellar in the group 1 looks normal (yellow circle), while in the group 2 there is a picture
 206 of degenerated Purkinje cells (red circle).
 207

208 Purkinje cells in the rats cerebellar in the group 1 looks normal, while in the group
 209 2 there was a picture of degenerated. Comparison of Purkinje cell distances in the rat
 210 cerebellar between the group 1 compared to the group 2 is presented in Figure 7.



211
 212 Figure 7. Comparison of Purkinje cell distances in rat cerebellar. *=significant difference
 213 ($p < 0.001$).

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214 Based on Figure 6, the distances of Purkinje cells in the rats cerebellar of the group
215 1 were more dense than those in the group 2. There were differences in the distance of
216 Purkinje cells in the rats cerebellar cortex between group 1 compared to the group 2
217 ($p < 0.001$). The result of statistical analysis showed that t value = 29.263; $df = 118$; mean
218 $diff. = 1.38517$; $SE\ diff. = 0.04733$; 95% $CI = 1.47890$ to 1.29143 .

219 Discussion

220 Tobacco contains alkaloids. Cigarettes sold in the market contain alkaloids about 1.5% by
221 weight of tobacco. Tobacco as the main component of cigarettes accounts for 95% of the
222 total alkaloid content of cigarettes.¹⁹ Nicotine inhaled while smoking takes a short time to
223 reach the brain. The results of a previous study showed that 2 mg of nicotine was absorbed
224 systemically after smoking for 20 minutes by doing 80 puffs on a nicotine inhaler device.²⁰
225 Exposure to filtered kretek cigarette smoke in this study can affect the structure and
226 function of the brain. The method of exposure to cigarette smoke in our study is similar to
227 previous studies.²¹ Indeed, it is very difficult to arrange so that each rat gets exposure to
228 cigarette smoke in the same amount. To overcome this, it can be done by repairing the
229 smoking box.

230 The results of photomicroscopy of the cerebral cortex from the frontal lobes of rats
231 showed the outermost part, namely the pia mater which encloses the molecular layer
232 (molecular layer), then external granular, external pyramidal, internal granular, internal
233 pyramidal and the innermost layer is polymorphic. The number of pyramidal cells in the
234 external granular layer at hippocampus area of the group 1 was denser than the group 2.
235 We determined the pyramidal cell density or pyramidal cell density index. This is done by
236 dividing the number of pyramidal cells by a certain line length that passes through the
237 external granular layer. The results of the same study showed that the control group had
238 normal histology in the cerebral cortex layer, while the tramadol treatment showed
239 degeneration of pyramidal cells. Moreover, granular cells characterized by pyknotic nuclei
240 and the appearance of haloes.^{22, 23} The results of previous studies showed that tramadol
241 administration caused histological abnormalities and apoptosis in the cerebral cortex which
242 was associated with oxidative stress.²⁴ In more detail, it is explained that the occurrence of
243 apoptosis is preceded by damage to the DNA structure.²⁵

244 Pyramidal cells in the rat cerebral cortex are easily recognized by the characteristics
245 of the cells being quite large and in large numbers. In the group 1, pyramidal cells in the
246 rats cerebral cortex appeared normal with high density. The density of pyramidal cells in
247 the rats cerebral cortex was lower in the group 2 compared than the group 1. The results of
248 previous studies demonstrated that pyramidal cell death can be caused by hypoxia,^{26, 27} so
249 that the cells experience cell hemostatic disorders.²⁸

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250 The cerebellar contains Purkinje cells, located in the ganglion layer. Purkinje cells
251 in the ganglion layer of the rats cerebellar in the group 1 appeared to be round pyramidal in
252 shape. Our results showed that Purkinje cells in the ganglion layer of the rats cerebellar in
253 the group 2 were degenerated and necrotic. Moreover, that the vascularization is getting
254 more and more dense. We suspect this is due to compensatory degeneration and necrosis
255 with increased anastomotic perfusion. In the results of this study, the location of Purkinje
256 cells in the ganglion layer of the rats cerebellar in both the group 1 and the group 2 did not
257 show any shift in location. This means that the location of the Purkinje cells in the
258 ganglion layer is still in the right place. Changes in the shape of Purkinje cells in the
259 ganglion layer of the rats cerebellar in the group 2 were clearly pyramidal in shape as a
260 sign of degeneration and necrosis. It is generally stated that cerebellar cognitive function
261 involves interactions between the cerebellar and association areas in the cerebral cortex.²⁹

262 The cerebellar is susceptible to toxic chemicals such as nicotine. Nicotine can cause
263 Purkinje cells to experience mild, moderate and severe hyperplasia depending on the dose,
264 time and method of administration.³⁰ Our results differ from previous studies showing that
265 nicotine at low doses has been shown to be protective in the cerebellar. Administration of
266 nicotine for seven days resulted in mild hyperplasia compared with experimental rats
267 exposed to nicotine for 21 and 42 days. In addition, it was stated that exposure to low
268 doses of nicotine and a short period of time increased the proliferation of neuronal cells.³¹

269 Our results are in line with previous studies were reported that nicotine causes
270 neurodegeneration in the cerebellar. This is due to the administration of higher doses of
271 nicotine and a longer administration time.³² Our results are also in agreement with previous
272 studies which demonstrated that Purkinje cells undergo neurodegeneration due to exposure
273 to cigarette smoke in rats.³³ It should be noted from the results of previous studies that low
274 doses of nicotine have a stimulatory effect on the central nervous system.³⁴ The results of

275 our study further strengthen the facts about the dangers of low-dose filtered kretek
276 cigarette smoke in the brains of Sprague-Dawley rats.

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277 Although we did not measure the levels of chemical compounds in filtered kretek
278 cigarette smoke which is a limitation of this study, the facts show that pyramidal cells in
279 the cerebral cortex of rats appear abnormal and have decreased in density. In addition, it
280 was also demonstrated that Purkinje cells degenerate and their cell density decreases in the
281 rat cerebellar. In addition, we have not performed immunohistochemical analysis as a
282 specific marker of various cytotypes in both the rat cerebral and cerebellar.

283 Conclusion

284 Based on the results of the study, it was found that rats exposed to filtered kretek cigarette
285 smoke 1 stick/day for 3 months decreased the density of pyramidal cells in the
286 hippocampus area of the cerebral cortex at the hippocampus area. The same thing
287 happened that exposure to filtered kretek cigarette smoke 1 stick/day for 3 months
288 decreased Purkinje cell density in the cortex cerebellar cortex.

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289 Acknowledgements

290 We express our deep gratitude to the Leaders and Staff of the RSHP Laboratory of the
291 Faculty of Veterinary Medicine, IPB-University, Bogor, Indonesia for facilitating in this
292 study.

293 Conflicts of interest

294 The authors declare that they have no competing interests.

295 Funding

296 This research was funded by the Faculty of Medicine, Universitas Trisakti, for the 2021-
297 2022 fiscal year, No. 5917/USAKTI/FK/03/XII/2021.

298 Authors contributions

299 Conceptualization: DT, EP, and HA. Data acquisition: DT, and EP, Data analysis or
300 interpretation: EP, HA, HJE. Drafting of the manuscript: DT, EP and HA. Critical revision
301 of the manuscript: EP, HA, and HJE. Approval of the final version of the manuscript: all
302 authors.

303

304 **Ethics approval and consent to participate**

305 Not applicable.

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318 [9e6e9514e106.pdf?e=1643125478](https://assets.researchsquare.com/files/rs-1269770/v1/5bc36b10-b3e2-4721-9e93-9e6e9514e106.pdf?e=1643125478)

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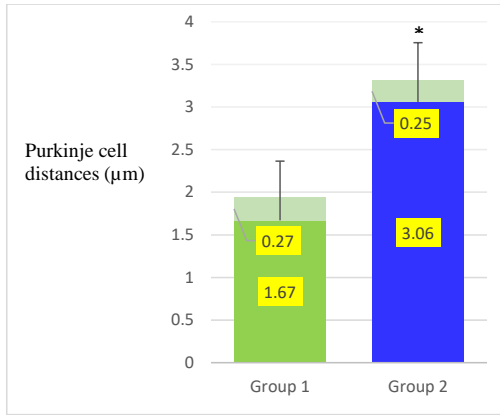


Figure 7. Comparison of Purkinje cell distances in rat cerebellar cortex. *=significant difference ($p < 0.001$).

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BUKTI REVIEW

"Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex of Sprague Dawley rats after being exposed to cigarette smoke"

The work entitled "Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex of Sprague Dawley rats after being exposed to cigarette smoke" focuses on a morphological-comparative analysis on the brain of rats exposed to cigarette smoke, with particular emphasis and attention on the pyramidal cells of the cerebral cortex. The work, although interesting overall, has several critical issues that I am going to report below.

It is not clear how the group came to establish the dosage and duration of exposure to cigarette smoke in the group of rats treated with the same, the authors should clarify this point better. It is clear from the discussion that the work contrasts with what was previously shown by Jalili S. et al., in which it is highlighted how low nicotine dosages are (contrary to what the authors stated) associated with an increase in the rate of neuronal proliferation. Therefore, there is a rationale for the dosage and modalities chosen at this point of the discussion (line 250-255), but no previous explicit reference.

There are no references in the text regarding the number of operators who analyzed the histological preparations, how many fields were analyzed and how therefore a statistically reliable curve was obtained.

Furthermore, the work would certainly have benefited if the authors had introduced some immunohistochemical analysis aimed at highlighting specific markers of the various cytotypes examined, other than HE staining.

Few lines need extensive English revisions (i.e., line 46-47)

I suggest to better refine the structure of the manuscript and to better explain the rationale and the methodological approach chosen to pursue the experimental hypothesis.

Notifications

×undefined

JBR - Journal of Biological Research [paper #10757] - Editor Decision - Resubmit

2022-09-23 03:46 PM

Dear Drs. EDY PARWANTO, David Tjahyadi, Husnun Amalia, Hosea Jaya Edy,

Your paper entitled "Original Article Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex of Sprague Dawley rats after being exposed to cigarette smoke: -" has been examined by our external reviewers and then re-evaluated inhouse.

Peer reviewers found merit in this paper but raised major, constructive criticisms and do not consider this manuscript acceptable for publication in its current form. The reviewers have raised a number of points, listed on the web site and provided below/attached for your convenience.

The editorial conclusion is that substantial changes should be made to meet the reviewers' criticisms.

Your revised manuscript should be accompanied by a covering letter to explain, point by point, how you have modified your paper in answer to the reviewer's comments.

Important: we recommend that you consult the Authors' guidelines of this journal under Submission, as well as its current contents, to ensure that your revised manuscript is written in accordance to the journal editorial standards (in particular, title page, tables and references style).

The revised manuscript, edited in .DOC format, should be resubmitted electronically within 3 weeks from the date of the Editor Decision message.

In order to resubmit the revised manuscript, please follow this step-by-step procedure:

- i) log into the journal using your username and your password;
- ii) click on your role as 'Author';
- iii) click on the correct title;
- iv) click on 'Review' on the page displayed;
- v) under the heading 'Editor decision' (bottom-page), upload the revised paper. Use 'Browse' to find the files and 'Upload' to upload them;

vi) once the files are uploaded, inform the Managing Editor and the Editor-in-Chief of the Journal via e-mail.

Following this procedure, you can upload one or more files (max 8 MB each file). Make sure to click 'Upload' for each single file you would like to upload.

Moreover, although we encourage resubmission, please be aware that this is not a statement of acceptance or a promise to accept a revised manuscript. The final decision as to this paper's acceptability for publication will exclusively depend on how our current concerns are met.

Thank you very much for sending this work to our journal: we look forward to receiving a revised manuscript.

With kind regards,

Dr. Gian Luigi Mariottini, MSc, MD, Editor in Chief,
University of Genova (retired), Research Fellow Department of Earth, Environment and Life Sciences, Genova, Italy. Gian.Luigi.Mariottini@unige.it
glmariottini@libero.it

Prof. Filippo Macaluso, Associate Editor, Telematic University eCampus, Italy.
filippo.macaluso1@uniecampus.it

Reviewer A:

The study of Tjahyadi and colleagues aims to determine the effect of kretek cigarette smoke on the density of pyramid cells in the cerebrum, and Purkinje cells in the cerebellum of mice.

The paper, although not completely original and innovative, is putatively interesting for this Journal but they have to modify some figures before we can accept in for publication:

1. In figure 2, the microphotographs have probably a different light exposition or contrast, so that in A) the nuclei are in blue (as normal for the H&E staining) but in B) the look in pink. This fact does not permit a correct evaluation of the difference. The authors should present representative microphotographs with the same contrast/colour (i.e., nuclei in violet/blue) as per normal H&E stainings. See for example figure 5 where the staining appears with the same colours.

2. Figure 3 and 6 are histograms. They should show a difference between groups. However, the high of the column are the same (althouh the number above them are different). This is an error that the authors should correct.

Lastly, the authors exposed group 2 (6 rats) to cigarette smoke 1 stick/day for 3 months (90 days) of treatment. How many years of life in humans is 3 months in the rat? Authors should add this information, with appropriate bibliographic references, to their work.

Recommendation: Major Revisions

Reviewer M:

The manuscript entitled “Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex of Sprague Dawley rats after being exposed to cigarette smoke” provides evidence on structural modifications encountered in a rat model of Kretek cigarette smoke at cerebral and cerebellar level. This paper necessitates a methodological and stylistic revision before being ready for publication in the Journal of Biological Research. Generally speaking, the Authors should better substantiate data provided with adequate statistical information and methodological explanations. Furthermore, an in-depth revision of the text by a Native Speaker is not avoidable. In particular, the following are the main points to take into account:

- The introduction extensively reports a basic anatomical description of the areas investigated that could appear redundant. I suggest to better targeting the introduction on the innovative aspects brought about by this study, i.e. the Kretek cigarettes effects. What peculiarities do they have? What are the other studies already present in the field that can substantiate this experimental choice? Maybe adding a chemical composition of the Kretek cigarettes would help too.
- The title should be modified to enhance the originality of the study. Instead of a general “cigarette smoke” it would be better to refer to Kretek smoke.

- Methodologically, I have concerns. Firstly, I have strong doubts that the exposure system described by the Authors could allow proper control of the passive smoke. Have they ever monitored the CO₂ amount inside the chamber? Secondly, the authors should better substantiate the treatment choice. Is it sufficient to only administer 1 stick (10 minutes) per day? Is there any reference for the protocol chosen? For instance, in this paper <https://doi.org/10.1016/j.lfs.2020.117644> it is 1 hour for 5-6 cigarettes in order to monitor the effect. Lastly, it would be important to better detail how the cell counting has been performed. In the methods section, it is just indicated that "observations" were made. Definitely, this part should be better explained and justified.

- Regarding the results, I noticed that no statistical values have been provided in the text apart from the p values. Since the authors used a Student T-test, they should at least report the degree of freedom (df) and t values. Also, the graphs do not seem consistent with the mean and SD values reported over them. I would ask you to explain the reason for this discrepancy.
- The authors asserted they have explored the density of hippocampus pyramidal cells. What was the exact localization investigated?

- The abstract should be re-written because it does not contain a structured distribution into background, aim, methods, results and conclusions.
- Last but not least, I believe that the manuscript requires a powerful revision by a Native speaker for improving the overall quality of language.

Recommendation: Major Revisions

1 **ORIGINAL ARTICLE**

2

3 **Decreased density of pyramidal cells in the cerebral cortex, and Purkinje cells in the**
4 **cerebellar cortex of Sprague-Dawleyrats after being exposed to filtered**
5 **kretek cigarette smoke**

6

7 David Tjahyadi^{1*}, Edy Parwanto², Husnun Amalia³, and Hosea Jaya Edy⁴

8

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14

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19

20

21 **Abstract**

22 Filtered kretek cigarette smoke is in the form of gas containing solid materials
23 (particulates). Such cigarette smoke contains carcinogenic substances. In addition, it is
24 stated that tobacco has a significant negative impact on the development of neural
25 structures, causes addiction, and affects brain activity and function.

26 Aim of this paper was to determine the effect of filtered kretek cigarette smoke on the
27 density of pyramidal cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex.

28 The study was conducted experimental and control group design. Group 1 (6 rats) is the
29 control group, the rats breathe using ordinary air. Group 2 (6 rats) is a group of rats
30 exposed to filtered kretek cigarette smoke 1 stick/day for 3 months of
31 treatment. Observations were made on pyramidal cells in the rat cerebral cortex, and
32 Purkinje cells in the cerebellar cortex.

33 The distribution of pyramidal cells in the cerebral cortex at the hippocampus area of rats in
34 the group 1 was expected. In contrast, the group 2 showed a decrease in the density of
35 pyramidal cells. There was a difference in the density of pyramidal cells in the rat cerebral
36 cortex between the group 1 compared to the group 2 ($p < 0.001$). Purkinje cells in the
37 cerebellar cortex in group 1 were normal, while in group 2 there was a picture of
38 degenerated Purkinje cells. The distance between Purkinje cells in the cerebellar cortex of
39 the group 1 was denser compared to the group 2 ($p < 0.001$).

40 Rats exposed to kretek cigarette smoke 1 stick/day for 3 months decreased pyramidal cell
41 density in the cerebral cortex at the hippocampus area. The same thing happened: exposure
42 to kretek cigarette smoke 1 stick/day for 3 months decreased Purkinje cell density in the
43 cerebellar cortex.

44

45 **Keywords:** cerebral cortex, cerebellar cortex, filtered kretek cigarette smoke, pyramidal
46 cell, cerebellar Purkinje cell.

47

48 **Introduction**

49 Smoking is a global problem that causes health problems. Around 2.5 billion people in the
50 world are smokers and that number is in third-world countries. Indonesia's population is
51 included in the group of third-world countries, meaning that many of the population
52 consume cigarettes.¹

53 Cigarette smoke is a gas that contains solid materials (particulates). In addition,
54 cigarette smoke is also known to contain carcinogenic ingredients. Moreover, it is stated
55 that tobacco has a significant negative impact on the development of nervous
56 structures,²and cause addiction.³Gases and particulates of cigarettes are channeled into the
57 alveoli.⁴In addition, it is also stated that smoking affects the activity and function of the
58 brain and interferes with the psychology of cigarette addicts.⁵

59 The cerebral [cortex](#) is the largest and most prominent part of the brain; [it](#) is divided
60 into the right and left hemispheres by a deep groove or fissure called the major
61 longitudinal fissure.⁶The surface of the cerebral [cortex](#) is extended by many gyri, which are
62 elevations and are separated by grooves called sulci.⁷The cerebral cortex has neurons with
63 pyramid-shaped cell bodies.⁸The outside of the cerebral hemispheres consists of gray
64 matter called the cerebral cortex, while the inside of the cerebral hemispheres consists of
65 white matter called the center of the medulla.⁶White matter contains myelinated and
66 unmyelinated fibers, oligodendrocytes, fibrous astrocytes, and microglial cells. Gray
67 matter contains perikaryon or nerve cell bodies, unmyelinated fibers, myelinated fibers,
68 astrocytes, oligodendrocytes, and microglial cells.The distinctive color of the white matter
69 indicates the number of myelinated nerve fibers.⁷

70 The cerebral cortex acts as a center for learning, memory, sensory integration,
71 information analysis, and initiation of motor responses. This structure is composed of gray
72 matter and is estimated to contain 10 billion nerve cells.⁹The most abundant nerve cells
73 are efferent pyramidal cells and are easily observed microscopically.¹⁰

74 The results of previous studies showed that cigarette smoke is a risk factor for the
75 occurrence of aneurysms in the brain (cerebral aneurysms). It has also been reported that
76 cigarette smoke increases the risk of rupture.^{11, 12}It was further stated that more than 80%
77 of patients with aneurysmal subarachnoid hemorrhage (ASH) had a history of smoking,
78 and 50–60% were smokers.¹¹So far, it is not known how filtered kretek cigarette smoke
79 affects the biometrics of brain cells.

80 Previous research has shown the importance of cell biometrics as a characteristic
81 that needs to be developed to assist in early diagnosis at the cellular and tissue levels. This
82 needs to be done so that the diagnosis related to cell abnormalities is determined more
83 objectively based on the quantitative data obtained and not only qualitative data. The brain
84 is the focus of research because of the importance of this organ in the regulation of body
85 activities. In addition, parts of the brain, namely the cerebral [cortex](#) and
86 ~~eerebellar~~ [cerebellum](#), are vulnerable to exposure to foreign substances.^{13, 14} Cigarette
87 smoke mostly contains alkaloids. The results of previous studies have shown that cigarette
88 smoke is associated with decreased cognitive function and causes dementia. In more
89 detail, it is stated that cigarette smoke causes thickening of the cortex in the
90 brain.¹⁵ Another study has demonstrated that cigarette smoke inhibits mitochondrial
91 respiration in the rat brain.¹⁶

92 To explore more deeply the effect of cigarette smoke on the density of pyramidal
93 cells in the cerebral cortex, and Purkinje cells in the cerebellar cortex, we used Sprague-
94 Dawley rats as animal models. Our recent research demonstrates the importance of cell
95 biometrics as a characteristic that needs to be developed to aid early diagnosis at both
96 cellular and tissue levels.^{17, 18}

97

98 **[Materials and methods](#)**

99 **Research design**

100 This study used *Rattus norvegicus*, Sprague-Dawley strain, to test the effect of filtered
101 kretek cigarette smoke on pyramidal cells in the cerebral cortex and Purkinje cell density in
102 the cerebellar cortex. There are 2 groups in this study, namely the treatment group and the
103 control group so the design used is experimental and control group design.

104 **Location and time of research**

105 Experimental animal treatment was carried out at the RSHP Laboratory of the Faculty of
106 Veterinary Medicine, IPB-University, Bogor, Indonesia. Histological observations of the
107 preserved preparations of rat brains (cerebral and cerebellar [cortex](#)) were carried out at the
108 Biology Laboratory, Faculty of Medicine, Universitas Trisakti, Jakarta, Indonesia. This
109 research was conducted between September 2021 to June 2022. This research has received
110 a certificate of passing the ethical review from the Research Ethics Commission of the
111 Faculty of Medicine, Universitas Trisakti, with No: 184/KER/FK/VIII/2018.

112

113 **Selecting and grouping of experimental animals**

114 *Rattus norvegicus*, Sprague-Dawley strain, aged about 2-3 months with a body weight of
115 200-250 grams as the inclusion criteria, while the exclusion criteria were if the rats died
116 during treatment. The number of samples is calculated based on the provisions of WHO
117 which states that in experimental research at least 5 animals are used. In this study, 6 rats
118 were used in each group. Group 1 is the control group, while group 2 is the treatment
119 group.

120 **Treatment of experimental animals**

121 At the beginning of the study, rats were acclimatized for 1 week. Eating and drinking were
122 given to rats during acclimatization. During acclimatization, rats were not treated. After
123 acclimatization, the groups were randomly assigned. Group 1 (6 rats) is the control group,
124 the rats breathe using ordinary air. Group 2 (6 rats) is a group of rats exposed to filtered
125 kretek cigarette smoke 1 stick/day for 3 months (90 days) of treatment.

126 Filtered kretek cigarette smoke exposure was carried out in a smoking chamber
127 measuring 45 x 35 x 20 cm (31 500 cm³). The oxygen valve is opened, then the cigarette is
128 attached to the pipe connected to the pump, then the cigarette is burned and the pump is
129 turned on so that the smoke will enter the smoking chamber and be inhaled by the rats.
130 Filtered kretek cigarette smoke exposure was carried out on group 2 for 10 minutes every
131 day in the morning.

132 The rearing cage measures 482 x 267 x 210 mm (27025740 mm³=27025.740
133 cm³). The treatment cage room was equipped with air conditioning with a temperature of 22
134 ± 3°C, humidity 55 ± 5%, and LED lights (12:12 hours, light and dark cycle), feed and
135 drink in normal amounts (reasonable). ~~The type of feed given is standard feed.~~ The standard
136 feed used for rats was brailler-II pellet (BR-II) containing corn, soybean meal, wheat
137 pollard, coconut meal, fish meal, meat meal, rice flour, tapioca, coconut oil, and fish oil
138 premix. Feed and water were provided ad libitum. Feed was given as much as 10% body
139 weight (± 10-15 grams head/day). ~~Feed is given~~, every day in the morning and evening.
140 Drinking water for rats was always changed every day.

141 After treatment, the rats were anesthetized until they died. Anesthesia using
142 ketamine 100 mg/kg body weight and xylazine 10 mg/kg body weight intra
143 peritoneally. After the treatment, the experimental animals were sacrificed by euthanasia,

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144 then their organs, namely the brain, were taken. To take the rat brain, decapitation was
145 carried out, then the skull and brain were separated. The brain that had been separated from
146 the skull, was then put into a small pot containing 10% neutral buffer formalin (NBF).

147

148 **Observation of rat cerebral and cerebellar tissues**

149 The thickness of the cerebral tissue, as well as the cerebellar prepared for making slides, is
150 3 mm. Rat cerebral tissue, as well as rat cerebellar tissue in paraffin blocks were cut with a
151 thickness of 5 μm . Next, the tissue sections were stained with hematoxylin and eosin
152 (HE). Observations were made on pyramidal cells in the cerebral cortex, in the
153 hippocampus area. In addition, Purkinje cells were also observed in the gray matter of
154 cerebellar cortex. Observation of pyramidal cells and Purkinje cells was carried out by 3
155 observers according to predetermined guidelines.

156

157 **Data Analysis**

158 The statistical test chosen in this study was an independent statistical test T-test to compare
159 the histometric brain cells of rats between the group 1 and the group 2. Differences between
160 groups were stated if the results of the analysis showed a p value < 0.05 .

161 **Results**

162 Brain morphology of Sprague-Dawley rats and sites of tissue sectioning for preparation of
163 slides from the cerebral and cerebellar [tissues](#), are presented in Figure 1.



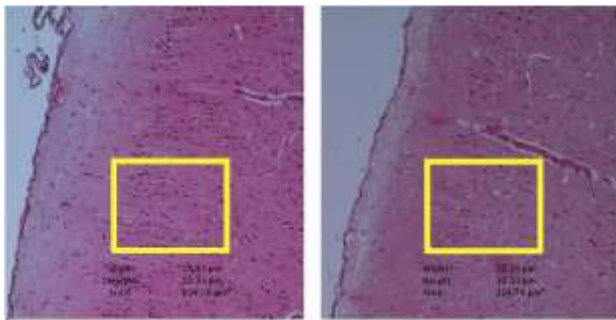
164

165 Figure 1. Brain morphology of Sprague-Dawley rats and sites of tissue sectioning for
166 preparation of slides from the cerebral and cerebellar [cortex](#). Red circle=bregma; white

167 circle= λ ; black line=tissue cutting site for making cerebral slides; red line=tissue
168 cutting site for making cerebellar slides.

169 Photomicrograph of rat cerebral cortex group 1 and group 2 are presented in
170 Figure 2, while a comparison of the density of pyramidal cells in the cerebral cortex of rats
171 in the hippocampal area between groups 1 and group 2 is presented in Figure 3.

172



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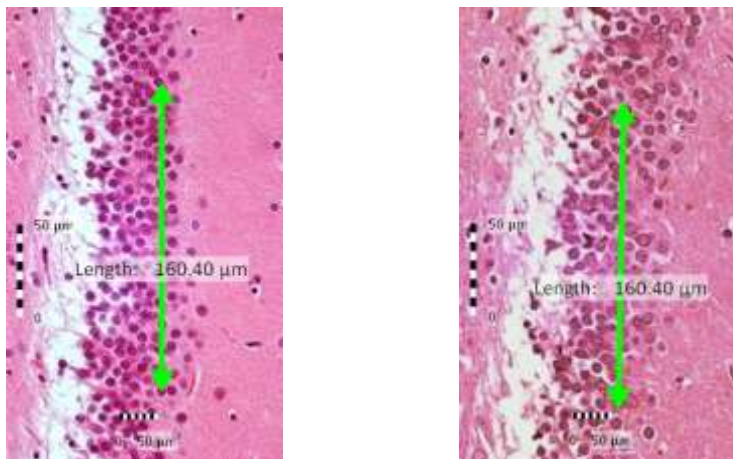
174 A.

B.

175

176 Figure 2. Photomicrograph of rat cerebral cortex, stained with hematoxylin and eosin
177 (objective 10 X). Yellow rectangles are used to show the density of pyramidal cells. A.
178 Cerebral cortex of rat in group 1. B. Cerebral cortex of rat in group 2.

179



Group 1

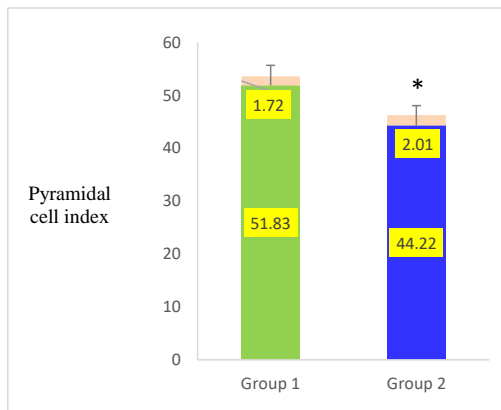
Group 2

180 Figure 3. Hippocampus area of cerebral cortex in rat. A. Hippocampus area of
181 cerebral cortex in group 1, stained with hematoxylin and eosin (objective 40 X). B.

Commented [W1]: Please, check the bars for measure: the horizontal and the vertical ones are different . Furthermore, because you include two bars? Only one is enough.

182 Hippocampus area of cerebral cortex in group 2, stained with hematoxylin and
183 eosin (objective 40 X).

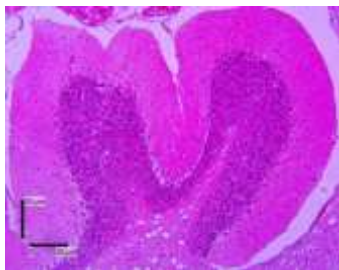
184 Based on Figure 3 above, the distribution of pyramidal cells in the rats cerebral
185 cortex at the hippocampus area of group 1 was normal, while in the group 2 showed a
186 decrease in pyramidal cell density. Comparison of pyramidal cell indices in the rats cerebral
187 cortex at the hippocampus area between group 1 and group 2 is presented in Figure 4.



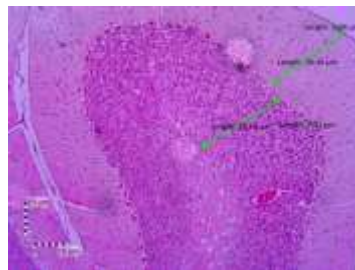
188
189 Figure 4. Comparison of pyramidal cell index in the hippocampus area of the rat cerebral
190 cortex. *=significant difference ($p < 0.001$).

191 The density of pyramidal cells in the rats cerebral cortex at the hippocampus area
192 between the group 1 compared to group 2 ($p < 0.001$). The result of statistical analysis
193 showed that t value=22.262; $df=118$; mean difference=7.60983; SE diff.=0.34182; 95%
194 CI=6.93293-8.28674.

195 Photomicrograph of the rats cerebellar cortex is presented in Figure 5, and Figure 6.

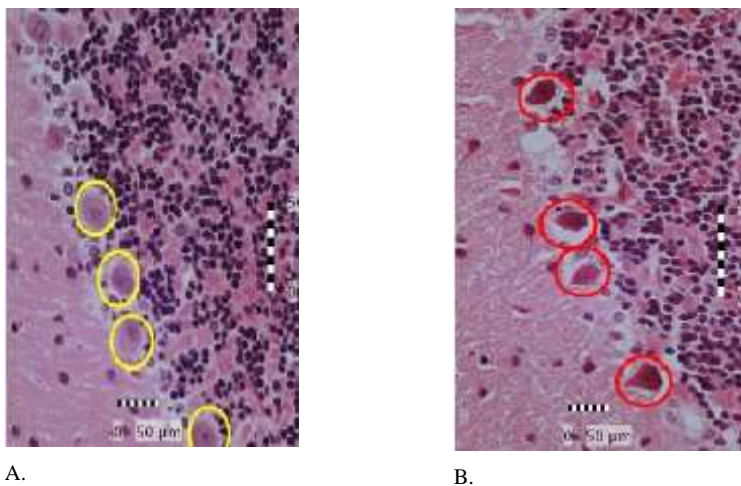


A.



B.

196 Figure 5. Photomicrograph of rats cerebellar cortex. A. Photomicrograph of rat cerebellar
 197 cortex, stained with hematoxylin and eosin, objective 4 X. B. Photomicrograph of rat
 198 cerebellar cortex, stained with hematoxylin and eosin, objective 10 X.
 199



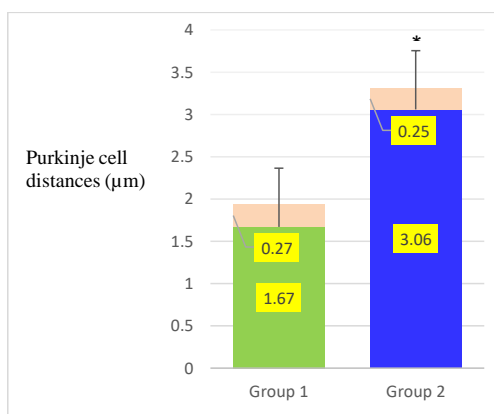
A.

B.

200 Figure 6. Histological appearance of the rat cerebellar cortex. A. Rats cerebellar cortex in
 201 the group 1, stained with hematoxylin and eosin, objective 40 X. B. Rats cerebellar cortex
 202 in the group 2, stained with hematoxylin and eosin, objective 40 X. Purkinje cells in the
 203 rat cerebellar cortex in the group 1 looks normal (yellow circle), while in the group 2 there
 204 is a picture of degenerated Purkinje cells (red circle).
 205

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206 Purkinje cells in the rats cerebellar cortex in the group 1 looks normal, while in the
 207 group 2 there was a picture of degenerated. Comparison of Purkinje cell distances in the rat
 208 cerebellar cortex between the group 1 compared to the group 2 is presented in Figure 7.



209

210 Figure 7. Comparison of Purkinje cell distances in rat cerebellar cortex. *=significant
211 difference (p<0.001).

212 Based on Figure 67, the distances of Purkinje cells in the rats cerebellar cortex of
213 the group 1 were more dense than those in the group 2. There were differences in the
214 distance of Purkinje cells in the rats cerebellar cortex between group 1 compared to the
215 group 2 (p<0.001). The result of statistical analysis showed that t value= 29.263; df=118;
216 mean diff.=1.38517; SE diff.=0.04733; 95% CI= 1.47890 to 1.29143.

217 Discussion

218 Tobacco contains alkaloids. Cigarettes sold in the market contain alkaloids about 1.5% by
219 weight of tobacco. Tobacco as the main component of cigarettes accounts for 95% of the
220 total alkaloid content of cigarettes.¹⁹ Nicotine inhaled while smoking takes a short time to
221 reach the brain. The results of a previous study showed that 2 mg of nicotine was absorbed
222 systemically after smoking for 20 minutes by doing 80 puffs on a nicotine inhaler
223 device.²⁰ Exposure to filtered kretek cigarette smoke in this study can affect the structure
224 and function of the brain. The method of exposure to cigarette smoke in our study is similar
225 to previous studies.²¹ Indeed, it is very difficult to arrange so that each rat gets exposure to
226 cigarette smoke in the same amount. To overcome this, it can be done by repairing the
227 smoking box.

228 The results of photomicroscopy of the cerebral cortex from the frontal lobes of rats
229 showed the outermost part, namely the pia mater which encloses the molecular layer
230 (molecular layer), then external granular, external pyramidal, internal granular, internal
231 pyramidal and the innermost layer is polymorphic. The number of pyramidal cells in the
232 external granular layer at hippocampus area of the group 1 was denser than the group 2. We
233 determined the pyramidal cell density or pyramidal cell density index. This is done by
234 dividing the number of pyramidal cells by a certain line length that passes through the
235 external granular layer. The results of the same study showed that the control group had
236 normal histology in the cerebral cortex layer, while the tramadol treatment showed
237 degeneration of pyramidal cells. Moreover, granular cells characterized by pyknotic nuclei
238 and the appearance of haloes.^{22, 23} The results of previous studies showed that tramadol
239 administration caused histological abnormalities and apoptosis in the cerebral cortex which
240 was associated with oxidative stress.²⁴ In more detail, it is explained that the occurrence of
241 apoptosis is preceded by damage to the DNA structure.²⁵

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242 Pyramidal cells in the rat cerebral cortex are easily recognized by the characteristics
243 of the cells being quite large and in large numbers. In the group 1, pyramidal cells in the
244 rats cerebral cortex appeared normal with high density. The density of pyramidal cells in
245 the rats cerebral cortex was lower in the group 2 compared than the group 1. The results of
246 previous studies demonstrated that pyramidal cell death can be caused by hypoxia,^{26, 27} so
247 that the cells experience cell hemostatic disorders.²⁸

248 The cerebellar [cortex](#) contains Purkinje cells, located in the ganglion layer. Purkinje
249 cells in the ganglion layer of the rats cerebellar [cortex](#) in the group 1 appeared to be round
250 pyramidal in shape. Our results showed that Purkinje cells in the ganglion layer of the rats
251 cerebellar [cortex](#) in the group 2 were degenerated and necrotic. Moreover, that the
252 vascularization is getting more and more dense. We suspect this is due to compensatory
253 degeneration and necrosis with increased anastomotic perfusion. In the results of this study,
254 the location of Purkinje cells in the ganglion layer of the rats cerebellar [cortex](#) in both the
255 group 1 and the group 2 did not show any shift in location. This means that the location of
256 the Purkinje cells in the ganglion layer is still in the right place. Changes in the shape of
257 Purkinje cells in the ganglion layer of the rats cerebellar [cortex](#) in the group 2 were clearly
258 pyramidal in shape as a sign of degeneration and necrosis. It is generally stated that
259 cerebellar cognitive function involves interactions between the cerebellar [cortex](#) and
260 association areas in the cerebral cortex.²⁹

261 The cerebellar [cortex](#) is susceptible to toxic chemicals such as nicotine. Nicotine can
262 cause Purkinje cells to experience mild, moderate and severe hyperplasia depending on the
263 dose, time and method of administration.³⁰ Our results differ from previous studies showing
264 that nicotine at low doses has been shown to be protective in the cerebellar [cortex](#).
265 Administration of nicotine for seven days resulted in mild hyperplasia compared with
266 experimental rats exposed to nicotine for 21 and 42 days. In addition, it was stated that
267 exposure to low doses of nicotine and a short period of time increased the proliferation of
268 neuronal cells.³¹

269 Our results are in line with previous studies were reported that nicotine causes
270 neurodegeneration in the cerebellar [cortex](#). This is due to the administration of higher
271 doses of nicotine and a longer administration time.³² Our results are also in agreement with
272 previous studies which demonstrated that Purkinje cells undergo neurodegeneration due to

273 exposure to cigarette smoke in rats.³³It should be noted from the results of previous studies
274 that low doses of nicotine have a stimulatory effect on the central nervous system.³⁴The
275 results of our study further strengthen the facts about the dangers of low-dose filtered
276 kretek cigarette smoke in the brains of Sprague-Dawley rats.

277 Although we did not measure the levels of chemical compounds in filtered kretek
278 cigarette smoke which is a limitation of this study, the facts show that pyramidal cells in
279 the cerebral cortex of rats appear abnormal and have decreased in density. In addition, it
280 was also demonstrated that Purkinje cells degenerate and their cell density decreases in the
281 rat cerebellar [cortex](#). In addition, we have not performed immunohistochemical analysis as
282 a specific marker of various cytotypes in both the rat cerebral and cerebellar [cortex](#).

283 **Conclusion**

284 Based on the results of the study, it was found that rats exposed to filtered kretek cigarette
285 smoke 1 stick/day for 3 months decreased the density of pyramidal cells in the cerebral
286 cortex at the hippocampus area. The same thing happened that exposure to filtered kretek
287 cigarette smoke 1 stick/day for 3 months decreased Purkinje cell density in the
288 cerebellar cortex.

289 **Acknowledgements**

290 We express our deep gratitude to the Leaders and Staff of the RSHP Laboratory of the
291 Faculty of Veterinary Medicine, IPB-University, Bogor, Indonesia for facilitating in this
292 study.

293 **Conflicts of interest**

294 The authors declare that they have no competing interests.

295 **Funding**

296 This research was funded by the Faculty of Medicine, Universitas Trisakti, for the 2021-
297 2022 fiscal year, No. 5917/USAKTI/FK/03/XII/2021.

298 **Authors contributions**

299 Conceptualization: DT, EP, and HA. Data acquisition: DT, and EP, Data analysis or
300 interpretation: EP, HA, HJE. Drafting of the manuscript: DT, EP and HA. Critical revision

301 of the manuscript: EP, HA, and HJE. Approval of the final version of the manuscript: all
302 authors.

303

304 **Ethics approval and consent to participate**

305 Not applicable.

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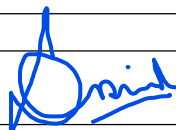
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