



QUALITY IMPROVEMENT IN DENTAL AND MEDICAL KNOWLEDGE, RESEARCH, SKILLS AND ETHICS FACING GLOBAL CHALLENGES

Edited by

Armelia Sari Widyarman, Muhammad Ihsan Rizal,
Moehammad Orliando Roeslan & Carolina Damayanti Marpaung



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Quality Improvement in Dental and Medical Knowledge, Research, Skills and Ethics Facing Global Challenges

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Damayanti Marpaung
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Table of Contents

<i>Preface</i>	xiii
<i>Acknowledgements</i>	xv
<i>Committee Members</i>	xvii

Behavioral, epidemiologic and health services

Characteristics of knowledge and attitude of Indonesian professional healthcare students toward Basic Life Support (BLS) courses <i>I. Gunardi, A. Subrata, A.J. Sidharta, L.H. Andayani, W. Poedjiastoeti & S. Suebnukarn</i>	3
---	---

Bibliometric analysis of <i>imperata cylindrica</i> papers in Scopus database (2012–2021) <i>M.O. Roeslan, S. Wulansari & P. Monthanapisut</i>	9
---	---

Development and validation of Indonesian version of OHIP-49 questionnaire using Rasch model <i>F.K. Hartanto, I. Gunardi, A. Kurniawan, A.J. Sidharta & W.M.N. Ghani</i>	17
---	----

Knowledge regarding dental and oral health among pregnant women (study at Palmerah Community Health Center, West Jakarta) <i>P.A. Salsabila, L.H. Andayani & A.G. Soulissa</i>	24
---	----

The xerostomia's effect on methadone therapy program patients' oral-health-related quality of life <i>T.T. Theresia, A.N. Fitri & W. Sudhana</i>	31
---	----

The differences in work strategy and work fatigue between female and male dentists during the COVID-19 pandemic in Indonesia <i>D. Ranggaini, W. Anggraini, A.P. Ariyani, I. Sulistyowati & M.F.C. Musa</i>	42
--	----

Dental students' perceptions and behaviors concerning oral hygiene and eating habits during the COVID-19 pandemic in Indonesia <i>A. Asia, L. Astuti, T.E. Astoeti, A.S. Widyarman & W. Sudhana</i>	49
--	----

Analyzing teledentistry consultation during the pandemic Covid-19: A challenge of images in online consultation <i>M. Chandra & R. Tjandrawinata</i>	56
---	----

Conservative dentistry

Mandibular first molar with radix entomolaris: An endodontic case report <i>F. Farasdhita, W. Widyastuti & E. Fibryanto</i>	67
--	----

Walking bleach technique on endodontically treated caninus with tetracycline discoloration <i>J.D. Susanto, A.P. Dwisaptarini & S. Wulansari</i>	73
---	----

Successful management of primary periodontal lesion with secondary endodontic involvement: A case report <i>F. Katrini, W. Widyastuti & Aryadi</i>	77
Non-surgical treatment for extensive perapical lesion: A case report <i>M.P. Darmawanti, A.P. Dwisaptarini & D. Ratnasari</i>	84
Monolithic zirconia endocrown: Indirect restoration for endodontically treated teeth <i>W. Wulandari, T. Suwartini & E. Fibryanto</i>	90
Effect of air-abrasive particle and universal bonding to shear bond strength of zirconia <i>F. Witoko, M.F. Amin, D. Ratnasari & R. Tjandrawinata</i>	95
Composite as a post-obturation restorative material on a non-vital tooth with endodontically treatment: A case report <i>R. Landy, W. Widyastuti & S. Wulansari</i>	101
Caries detection effectiveness of two techniques assessed using FACE method <i>Y. Winardi & A.P. Dwisaptarini</i>	112
<i>Pluchea indica</i> less leaves extract as a root canal irrigant against <i>Enterococcus faecalis</i> Colonies: <i>Ex vivo</i> study <i>E. Fibryanto, A. Tio, J.A. Gunawan, A. Hidayat & N.Z.M. Noh</i>	116
Differences in resin polishing technique of nanofiller and nanohybrid composites <i>E.A.W. Yanti, A.P. Dwisaptarini, Elline & M.S. Jamil</i>	124
Differences in the effect of two Nickel Titanium rotary files preparation toward the changes on root canal curvature <i>A. Darkim, W. Widyastuti, S. Wulansari & E.A. Budiyaniti</i>	129
Effect of high refractive index composite resin thickness on CIELAB value <i>A.P. Dwisaptarini, D. Ratnasari, I. Hadiutomo, R. Tjandrawinata & R. Trushkowsky</i>	136
Single-visit retreatment in underfilled root canal of mandible second premolar: A case report <i>G. Jesslyn, B.O. Iskandar & T. Suwartini</i>	141
Antibiofilm effect of avocado (<i>Persea Americana</i>) seed ethanol extract on <i>Streptococcus mutans</i> and <i>Enterococcus faecalis</i> (<i>ex vivo</i>) <i>S. Wulansari, A.S. Widyanman, R.U. Nadhifa & M.J. Fatya</i>	146
Three-dimensional obturation in maxillary first molar with MB2: A case report <i>A. Sutanto, E. Fibryanto & A.E. Prahasti</i>	154
Semi-direct composite overlay restoration as an alternative restoration for endodontically treated tooth: A case report <i>N. Brians, J.A. Gunawan, A.E. Prahasti, E. Istanto & S.M. Khazin</i>	160
Comprehensive treatment of immature necrotic permanent teeth: A case report <i>A.E. Prahasti, E. Fibryanto, E. Elline & W. Widyastuti</i>	166
Diastemas management using direct composite resin restoration: The digital smile design approach <i>E. Elline, D. Ratnasari, E. Fibryanto, A.E. Prahasti & R. Iffendi</i>	173

Removal of broken file using ultrasonics at one-third apical second molar distal: A case report <i>Y. Sutjiono, B.O. Iskandar, A.E. Prahasti, A. Subrata & S.M. Khazin</i>	178
<i>Apis mellifera</i> honey and miswak (<i>Salvadora persica</i>) effect on tooth color changes <i>N.D. Iskandar, D. Ratnasari & R. Stefani</i>	182
Fiber reinforced composite in endodontically treated tooth: A case report <i>J. Setiawan, T. Ariwibowo & M.F. Amin</i>	188
The management of post-endodontic treatment using fiber-reinforced composite: A case report <i>R. Lambertus, T. Suwartini, E. Elline, A.E. Prahasti & S.A. Asman</i>	195
Management of crown-root fracture with pulp exposure: A case report <i>Y. Susanti, B. Iskandar & T. Ariwibowo</i>	201
Management of molar with C-shape root canal configuration: Case reports <i>F. Antonius, T. Suwartini & J.A. Gunawan</i>	207
Endodontic treatment on young age molar with pulp polyp and diffuse calcification finding in a radiograph <i>P. Andriani, A.P. Dwisaptarini & J.A. Gunawan</i>	214
Cyclic fatigue of three heat-treated NiTi rotary instruments after multiple autoclave sterilization: An <i>in-vitro</i> study <i>S.A. Putri, W. Widyastuti, A. Aryadi & R. Amtha</i>	221
Endodontic management of S-shaped root canal on mandibular first molar: A case report <i>N. Tanuri, M.F. Amin & S. Wulansari</i>	226
Root canal treatment on the complex case using ultrasonics: A case report <i>L.H. Wibowo, E. Elline, E. Fibryanto, A.E. Prahasti & D. Qurratuani</i>	231
Management of iatrogenic problems during root canal treatment <i>Y.N. Argosurio, M.F. Amin & E. Elline</i>	236
Non-surgical endodontic retreatment of maxillary first premolar with direct composite restoration: A case report <i>A.R. Pradhista, B.O. Iskandar & Aryadi</i>	243
 <i>Dental materials</i>	
The effect of soft drinks containing citric and phosphoric acid toward enamel hardness <i>A. Aryadi, D. Pratiwi & C. Cindy</i>	249
Microhardness of a flowable bulk-fill resin composite in immediate and 24-hour storage <i>R. Tjandrawinata, D. Pratiwi, F.L. Kurniawan & A. Cahyanto</i>	255
The effect of halogen mouthwash on the stretch distance of the synthetic elastomeric chain <i>M. Wijaya, R. Tjandrawinata & A. Cahyanto</i>	261

Synthesis and characterization of β -tricalcium phosphate from green mussel shells with sintering temperature variation <i>M.R. Kresnatri, E. Eddy, H.A. Santoso, D. Pratiwi, D.L. Margaretta & T. Suwandi</i>	267
The effect of immersion in 75% concentration tomato juice on the mechanical properties of nanohybrid composites resin <i>J. Kamad, D. Liliany & E. Eddy</i>	277
Evaluation of setting time of glass ionomer cement mixed with ethanolic extracts of propolis <i>T.S. Putri, D. Pratiwi & A.E.Z. Hasan</i>	285
The knowledge level of dental students on adequate composite resin polymerization in the COVID-19 pandemic era <i>O. Octarina & L.A.L. Ongkaruna</i>	290
 <i>Dento-maxillofacial radiology</i>	
The role of dental record data in the mass disaster identification process: A case report of the Sriwijaya SJ-182 airplane crash <i>V. Utama, R. Tanjung, A. Quendangen, A. Fauzi, A. Widagdo, M.S. Haris & A.S. Hartini</i>	299
Management of postmortem dental radiography procedure in mass disaster victim identification <i>R. Tanjung & I. Farizka</i>	305
Radiomorphometric analysis of gonion angle and upper ramus breadth as a parameter for gender determination <i>I. Farizka & R. Tanjung</i>	312
 <i>Medical sciences and technology</i>	
Artificial intelligence application in dentistry: Fluid behaviour of EDDY tips <i>H.H. Peeters, E.T. Judith, F.Y. Silitonga & L.R. Zuhul</i>	321
<i>MTHFR</i> C677T, A1298C*, and its interaction in nonsyndromic orofacial cleft phenotypes among Indonesian <i>S.L. Nasroen & A.M. Maskoen</i>	328
 <i>Oral and maxillofacial surgery</i>	
The effectiveness of giving forest honey (<i>Apis Dorsata</i>) and livestock honey (<i>Apis Cerana</i> and <i>Trigona</i>) on the number of fibroblast in wound healing after tooth extraction (<i>in vivo</i> research in Wistar rats) <i>T.A. Arbi, I.N. Aziza & T. Hidayatullah</i>	341
Reconstruction of large post-enucleation mandibular defect with buccal fat pad <i>N.A. Anggayanti, A.D. Sastrawan & O. Shuka</i>	348
Challenge and management of dental implant during COVID-19 pandemic: Bone formation on second stage implant surgery <i>D. Pratiwi, H. Pudjowibowo & F. Sandra</i>	354

The evaluation of maxillary sinus for implant planning through CBCT <i>A.P.S. Palupi, W. Poedjiastoeti, M.N.P. Lubis, I. Farizka, B. Claresta & J. Dipankara</i>	360
The jawbone quantity assessment of dental implant sites <i>W. Poedjiastoeti, M.N.P. Lubis, Y. Ariesanti, I. Farizka, J. Dipankara & S. In glam</i>	366
Comparative assessment of the distance between the maxillary sinus floor and maxillary alveolar ridge in dentulous and edentulous using panoramic radiography <i>A.S.D. Audrey, W. Poedjiastoeti, M.N.P. Lubis, J. Dipankara & S. In glam</i>	372
Comparison between impacted mandibular third molar against mandibular angle and canal <i>N. Marlina, W. Poedjiastoeti, I. Farizka, J. Dipankara & S. In glam</i>	379
 <i>Oral biology</i>	
Saliva as a diagnostic tool for COVID-19: Bibliometric analysis <i>M.I. Rizal, R.A. Hayuningtyas, F. Sandra, M.S. Djamil & B.O. Roeslan</i>	387
Cytotoxicity activity of <i>Allium sativum</i> extracts against HSC-3 cells <i>I.J. Pardenas & M.O. Roeslan</i>	393
Effectiveness of probiotic lozenges in reducing salivary microorganism growth in patients with fixed orthodontic appliances: A pilot study <i>A.S. Widyarman, S. Vilita, G.C. Limarta, S.M. Sonia & F. Theodorea</i>	399
Potential anticancer properties of <i>Apium graveolens</i> Linn. against oral cancer <i>T. Hartono, F. Sandra, R.A. Hayuningtyas, S. Jauhari & J. Sudiono</i>	407
Antibacterial activity of bromelain enzyme from pineapple knob (<i>Ananas comosus</i>) against <i>Streptococcus mutans</i> <i>D. Liliany, E. Eddy & A.S. Widyarman</i>	414
<i>Elephantopus scaber</i> Linn.: Potential candidate against oral squamous cell carcinoma <i>T. Pang, F. Sandra, R.A. Hayuningtyas & M.I. Rizal</i>	424
Effectiveness of gargling with 100% coconut oil to prevent plaque accumulation and gingival bleeding <i>A.G. Soulissa, M. Juslily, M. Juliawati, S. Lestari, N.P. Ramli, Albert & A. Ismail</i>	429
Hydroxamate HDAC inhibitors potency in mediating dentine regeneration: A review <i>I. Sulistyowati, W. Anggraini, A.P. Ariyani & R.B. Khalid</i>	435
Various compounds that are used as oxidative stress inducers on fibroblast cell <i>Komariah, P. Trisfilha & R. Wahyudi</i>	443
Nano encapsulation of lemongrass leaves extract (<i>Cymbopogon citratus</i> DC) on fibroblast viability with oxidative stress <i>N. Ericka, K. Komariah, R. Wahyudi & T. Trisfilha</i>	450

Arumanis mango leaves (<i>Mangifera indica</i> L.) extract efficacy on <i>Porphyromonas gingivalis</i> biofilm <i>in-vitro</i> <i>S. Soesanto, Yasnill, A.S. Widyarman & B. Kusnoto</i>	461
A systematic review to evaluate the role of antibiotics in third molar extraction <i>R.A. Hayuningtyas, S. Soesanto, P. Natassya & S.B. Gutierrez</i>	468
Efficacy of epigallocatechin gallate gel on VEGF and MMP-9 expression on ulcerations <i>L.A. Porjo, R. Amtha & M.O. Roeslan</i>	472

Oral medicine and pathology

Salivary interleukin (IL)-6 in elderly people with stomatitis aphthous and gingivitis associated with the occurrence of cognitive impairment <i>D. Priandini, A. Asia, A.G. Soulissa, I.G.A. Ratih, T.B.W. Rahardjo & E. Hogervorst</i>	481
The uses of palm fruit (<i>Borassus flabellifer</i> L.) in dentistry <i>J. Sudiono & T.G.R. Susanto</i>	489
Endodontic irrigation solution administration induces oral mucosal deformity: A case report <i>R. Amtha, D. Agustini, N. Nadiah, F.K. Hartanto & R.B. Zain</i>	496
Profile of oral mucosa changes and perception of e-cigarettes smoker <i>R. Amtha, A.P. Rahayu, I. Gunardi, N. Nadiah & W.M.N. Ghani</i>	502
Potency of <i>Solanum betaceum</i> Cav. Peel skin ethanol extract towards TNF- α blood level (Study in vivo on inflammatory rats model) <i>J. Sudiono & M.T. Suyata</i>	508
Stomatitis venenata due to nickel as inlay materials in a 24-year-old woman: A case report <i>F. Mailiza, A. Bakar & U. Nisa</i>	518
Treatment challenge of oral lichenoid lesion associated with glass ionomer cement restoration: A case report <i>F.K. Hartanto, I. Gunardi, M.L. Raiyon, N. Nadiah & H. Hussaini</i>	526
Validity and reliability of the Indonesian version of COMDQ-26: A pilot study <i>J.V. Winarto, I. Gunardi, C.D. Marpaung, R. Amtha & W.M.N. Ghani</i>	531

Orthodontics

Interceptive orthodontic treatment needs and its relating demographic factors in Jakarta and Kepulauan Seribu <i>Y. Yusra, J. Kusnoto, H. Wijaya, T.E. Astoeti & B. Kusnoto</i>	539
Diastema closure and midline shifting treatment with standard technique (Case report) <i>H.F. Lubis & J.X. Ongko</i>	543
Intrusion and uprighting using TADs in mutilated four first permanent molar case <i>H.F. Lubis & F. Rhiyanthy</i>	548

Moringa and papaya leaf inhibit <i>Streptococcus mutans</i> and <i>Candida albicans</i> <i>H.F. Lubis & M.K. Hutapea</i>	554
Intruding upper first molar using double L-Loop in an adult patient: A retreatment case <i>H.F. Lubis & Joselin</i>	561
Profile changes in Class III malocclusion using protraction facemask in Indonesian patients (Cephalometric study) <i>H. Halim & I.A. Halim</i>	565
<i>Pediatric dentistry</i>	
Oral microbiome dysbiosis in early childhood caries (Literature review) <i>T. Putriany & H. Sutadi</i>	575
<i>Periodontology</i>	
Permanent splint using removable partial denture framework on reduced periodontium: A case report <i>V. Hartono, F.M. Tadjoedin, A. Widaryono & T.A. Mahendra</i>	587
The effect of electric smoking on the severity of chronic periodontitis <i>A.P. Fathinah & M. Louisa</i>	594
Periodontitis effects toward the extent of COVID-19 severity (Scoping review) <i>S.A. Arthur & M. Louisa</i>	603
Scaffold-based nano-hydroxyapatite for periodontal regenerative therapy <i>N.A. Harsas, Y. Soeroso, N. Natalina, E.W. Bachtiar, L.R. Amir, S. Sunarso, R. Mauludin & C. Sukotjo</i>	614
Defect management using hydroxyapatite and platelet-rich fibrin in advanced periodontitis <i>V. Wibianty, V. Paramitha & N.A. Harsas</i>	621
The relationship between age with caries status and periodontal treatment needs on visually impaired individuals <i>P. Wulandari, M.A.L. Tarigan, K. Nainggolan, M.F. Amin & J. Maharani</i>	630
Effects of COVID-19 on periodontitis (Scoping review) <i>A.R. Somawihardja & M. Louisa</i>	638
Concentrated growth factor for infrabony defect in periodontitis treatment: A review <i>F.C. Maitimu & T. Suwandi</i>	643
Subcutaneous emphysema after dental stain removal with airflow: A case report and anatomical review <i>A. Albert, W. Anggraini & W. Lestari</i>	651
Bonding agents for dentine hypersensitivity treatment: A review <i>O.N. Komala, L. Astuti & F.C. Maitimu</i>	657
Advantages and disadvantages of 2017 new classification of periodontitis (Scoping review) <i>R. Anggara & K. Yosvara</i>	668

Comparison of periodontal disease severity in COVID-19 survivors and non-COVID-19 individuals <i>M. Louisa, R.A. Putranto, O.N. Komala & W. Anggraini</i>	677
Aerosol spread simulation during ultrasonic scaling and strategies to reduce aerosol contamination <i>M. Sundjojo, V. Nursolihati & T. Suwandi</i>	685
The effect of pineapple (<i>Ananas comosus</i> L.) juice on biofilm density of streptococcus sanguinis ATCC 10556 <i>T. Suwandi & Y.V. Thionadewi</i>	689
 <i>Prosthodontics</i>	
Prevalence and risk indicators of bruxism in Indonesian children <i>C. Marpaung, I. Hanin, A. Fitriyanur & M.V. Lopez</i>	697
Validity and reliability of temporomandibular disorders screening questionnaire for Indonesian children and adolescents <i>C. Marpaung, N.L.W.P. Dewi & M.V. Lopez</i>	704
Effect of submersion of alginate molds in povidone iodine concentration of 0,47 % solution toward dimensional change <i>N. Adrian & I.G.P. Panjaitan</i>	710
Effect of pure basil leaf extract on surface roughness of heat cured acrylic resin <i>I.G.P. Panjaitan & N. Adrian</i>	715
Prosthetic rehabilitation after mandibular reconstruction in young adult patient with ameloblastoma history <i>I. Hanin & I. Setiabudi</i>	720
Treatment of tooth supported magnet retained maxillary complete overdenture: Case report <i>I.G.A.R.U Mayun</i>	725
Complete denture management with torus palatinus: A case report <i>E.S.I. Sari, I.K. Julianton & G.G. Gunawan</i>	730
Management of rehabilitation for partial tooth loss with immediate removable dentures in the era of the COVID-19 pandemic: A case report <i>A. Wirahadikusumah</i>	734
Management of anterior mandibular lithium disilicate crown fracture <i>J. Handojo & L.A. Halim</i>	742
Author index	747

Preface

Faculty of Dentistry Universitas Trisakti (Usakti) presents FORIL XIII 2022 Scientific Forum Usakti conjunction with International Conference on Technology of Dental and Medical Sciences (ICTDMS) on December 8th–10th 2022. The theme of the conference is “Quality Improvement in Dental and Medical Knowledge, Research, Skills and Ethics Facing Global Challenges”.

The triennial conference has served as a meeting place for technical and clinical studies on health, ethical, and social issues in field medical and dentistry. It is organized around 12 major themes, including behavioral, epidemiologic, and health services, conservative dentistry, dental materials, dento-maxillofacial radiology, medical sciences and technology, oral and maxillofacial surgery, oral biology, oral medicine and pathology, orthodontics, pediatrics dentistry, periodontology, and prosthodontics.

The most recent findings in fundamental and clinical sciences related to medical and dental research will be presented in the conference that will be published as part of the conference proceeding. This proceeding will be useful for keeping dental and medical professionals up to date on the latest scientific developments.

Dr. Aryadi Subrata
Chairman FORIL XIII conjunction with ICTDMS

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Elephantopus scaber Linn.: Potential candidate against oral squamous cell carcinoma

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ABSTRACT: The sixteenth leading cause of mortality worldwide is oral cancer. Based on the type, location, and stage, there are several treatment options for oral cancer, including chemotherapy, radiotherapy, surgery, or a combination of these. However, it is important to take into account the possibility of adverse effects brought on by high medicine dosages and uneconomical costs. As research indicates, plants have been a significant source of anticancer chemicals. A plant named *Elephantopus scaber* Linn is said to have anticancer properties. This review aims to discover the potentials of *E. scaber* L. as a candidate against oral squamous cell carcinomas (SCC). References were discovered by searching PubMed for the terms “anticancer” and “*Elephantopus scaber*” between 2000 and 2022. For this review, only English references were taken into account. *E. scaber* L. has been used traditionally as a treatment in many countries. Additional pharmacological activity associated with *E. scaber* includes anticancer, antioxidant, antidiabetic, antibacterial, and anti-inflammatory characteristics. Despite the fact that there is still much to understand about *E. scaber* and its therapeutic potential as an anticancer agent, it has tremendous potential against cancer. To investigate its potential as a candidate against oral cancer, more research on *E. scaber*'s anticancer activities against oral squamous cell carcinomas (SCC) is needed.

1 INTRODUCTION

Oral cancer is a kind of malignant tumor that appears in the mouth. Squamous cell carcinomas (SCC) make up more than 90% of all oral cancers. It has various levels of differentiation as well as a tendency for lymph node metastasis (Rivera 2015). The main risk factors are smoking and alcohol drinking, but several other factors such as human papillomavirus (HPV), nutritional deficiencies, and genetic predisposition have also been linked (Pires et al. 2013). There are many approaches to oral cancer treatment, such as chemotherapy, radiotherapy, surgery, or a combination of these, depending on the type, location, and stage of cancer. However, the potential for side effects caused by large doses of drugs and uneconomical prices has to be taken into consideration (Singh et al. 2016).

There are numerous plant species that have been utilized to treat or stop the growth of cancer. By concentrating on plants used in traditional medicine in developing nations, some researchers have discovered plant species that have exhibited anticancer effects (Greenwell & Rahman 2015). One of the plants reported to have anticancer effects is *Elephantopus scaber* Linn. The reported anticancer potential is that the isolates of *E. scaber* L. extract could induce apoptosis in the human colon tumor cell line (HCT-116) (Geetha et al. 2012). Therefore, this review was to explore *E. scaber* L. potential against oral SCC.

2 METHODS

References were found by searching the phrases “anticancer,” and “*Elephantopus scaber*” from 2000 to 2022 on PubMed. Only English references were taken into account.

The total initial articles search results as a whole on PubMed totaled 12 journals. Then three article that did not meet the criteria was excluded. As many as 9nine journals that match the criteria were read in their entirety and none were excluded.

3 RESULTS

Data obtained from articles that comply with the criteria are listed below in Table 1.

Table 1. Anticancer potentials of *Elephantopus scaber* against various cancer cells.

No.	Author	Topic	Year Published	Results
1.	(Huang et al. 2010)	Deoxyelephantopin, antimammary tumor, mammary adenocarcinoma	2010	Deoxyelephantopin's antimammary tumor properties, which result from its targeting of several important factors in angiogenesis, inflammation, and cell death, indicate that deoxyelephantopin has a lot of potential for further research as a breast cancer treatment.
2.	(Kabeer et al. 2014)	Isodeoxyelephantopin, cell cycle arrest, caspase-3-mediated apoptosis, breast carcinoma T47D cells, lung carcinoma A549 cells	2014	Breast and lung carcinoma cells were both prevented from proliferating by <i>Elephantopus scaber</i> 's isodeoxyelephantopin, resulting in cell cycle arrest and caspase-3-mediated death in the treated cells.
3.	(Pitchai et al. 2014)	Anticancer potentials, lupeol, MCF-7 cell line	2014	When applied to normal breast cells, lupeol is harmless but has an effect on the survival and proliferation of ER- α positive MCF-7 cells.
4.	(Beeran et al. 2015)	Enriched fraction of <i>E. scaber</i> , apoptosis, multi-drug resistance, human epithelial cancer cells	2015	The current study found that <i>Elephantopus scaber</i> , an indigenous medicinal herb, had cytotoxic, apoptosis-inducing, genotoxic, and MDR-reversing effects on multiple human epithelial cancer cell lines.
5.	(Chan et al. 2016)	Deoxyelephantopin, HCT116, apoptosis, cell cycle arrest	2016	Deoxyelephantopin has been shown in their study to have the capacity to induce apoptosis and cell cycle arrest in HCT116 cells via regulating the proteins p53, cyclins, and cyclin-dependent kinases.
6.	(Wang et al. 2017)	Isodeoxyelephantopin, protective autophagy, lung cancer cells	2017	Their findings demonstrated that blocking autophagy, Nrf2, or p62 could considerably increase the anticancer activity of isodeoxyelephantopin, which was derived from the <i>Elephantopus scaber</i> .
7.	(Kabeer et al. 2017)	Molecular mechanisms, anticancer, deoxyelephantopin, cancer cells	2017	Deoxyelephantopin extracted from <i>E. scaber</i> possesses considerable apoptotic, anticancer, and antimetastatic potential, according to their findings.
8.	(Hong et al. 2020)	Isodeoxyelephantopin, thioredoxin reductase 1, ROS-mediated JNK signaling pathway, human colon cancer cells	2020	They discovered a novel small molecule inhibitor of TrxR1 and reported that isodeoxyelephantopin, which was derived from <i>E. scaber</i> , caused cell death in colon cancer cells via the ROS-mediated JNK signaling pathway. Their results amply proved that isodeoxyelephantopin is a unique anticancer medication that can be developed for the treatment of colon cancer. They also discovered that both in vitro and in vivo, isodeoxyelephantopin dramatically improved cisplatin's anticancer efficacy.

(continued)

Table 1. Continued

No.	Author	Topic	Year Published	Results
9.	(Ji et al. 2022)	Deoxyelephantopin, apoptosis, colon cancer, miR-205/Bcl2 axis	2022	Deoxyelephantopin from <i>E. scaber</i> is confirmed to have antihuman colon cancer activity in their study. Deoxyelephantopin induces apoptosis by the miR-205-Bcl2 axis. It also heightened the chemosensitivity of 5FU to colon cancer, offering a promising future in the treatment of patients with colon cancer.

4 DISCUSSION

The sixth most frequent malignancy worldwide is oral cancer (Dhanuthai et al. 2018). Ninety percent of all oral malignant neoplasms are SCC. Any area of the oral cavity can be affected by SCC, one of the most common is head and neck malignancies; however, it most frequently affects the tongue (30% of the time) (Soudry et al. 2010; Turner et al. 2013). SCC has a fair prognosis if identified early, but the majority of cases are discovered late, with a less than 50% 5-year survival rate. Patients with untreated metastatic disease have a four-month survival rate (Rivera 2015). Due to multifactorial causes, the cause of oral SCC is unknown with certainty (Sirait 2013). Tobacco usage, alcohol consumption, betel nut chewing, and poor diet have all been identified as major risk factors (Amtha et al. 2009). Human papillomavirus (HPV) and ultraviolet radiation are also risk factors (UV) (Rivera 2015).

Surgery, radiation, chemotherapy, or a combination of the three are frequently used to treat oral SCC (Huang & O'Sullivan 2013). The patient's comorbidities, nutritional state, ability to tolerate treatment, and willingness to undergo therapy are taken into account when determining the best course of action in addition to the primary tumor's size, stage, and location (Rivera 2015). If the tumor is sufficiently tiny and has a good chance of providing positive results, surgery is conducted. Chemoradiotherapy is frequently used during surgery, particularly when the tumor is inoperable. Many oral cancer patients experience long-term side effects such as fatigue, speech difficulties, difficulty swallowing, hair loss, loss of taste, and dry mouth. Numerous investigations have been done as a result to discover alternative therapies with less negative effects. One of them is the use of natural agents derived from plants, which have been shown to attack cancer cells while leaving normal cells alone (Scully & Bagan 2009; Zhang et al. 2018).

E. scaber L. can be found in Europe, Australia, Asia, and Neotropics (Hiradeve & Rangari 2014b). This plant is also called Elephant's Foot in English, Tapak Liman in Indonesia, and Didapcao in China. It is a 30 to 60-cm tall, coarse, upright, and rather rigid herb (Hiradeve & Rangari 2014a). This plant has the taxonomic classification of the kingdom of Plantae, division of Magnoliophyta, class of Magnoliopsida, order of Asterales, the family of Asteraceae, a genus of Elephantopus, and species of *Elephantopus scaber* Linn (Schoch et al. 2020). Traditional medicine utilizes *E. scaber* L. to cure bronchitis, headaches, diarrhea, hepatitis, and fever (Wang et al. 2014). There are various ways of processing *E. scaber* L. plants, one of which is a fairly simple way, namely by boiling it directly (Ho et al. 2009). Additional pharmacological activity associated with *E. scaber* L. includes anticancer, antioxidant, antidiabetic, antibacterial, and anti-inflammatory characteristics. Several phytochemical studies have reported *E. scaber* L. contains sesquiterpene lactones, flavonoids, triterpenoids, phenolic compounds, and essential oils (Hiradeve & Rangari 2014a; Mohan et al. 2010).

When the cytotoxicity of *E. scaber* L's enriched ethanol extract was evaluated against human epithelial cancer cells, it was discovered to possess strong, dose-dependent cytotoxicity. Additionally, the enriched extract activated apoptosis in HeLa, A549, MCF-7, and

Caco-2 cells by causing nuclear condensation and other apoptosis-related traits, such as membrane blebbing. The multidrug-resistant transporters ABC B1 and ABC G2 present in cancer cells were likewise inhibited by the enriched fraction (Beeran et al. 2015).

Deoxyelephantopin, a compound derived from *E. scaber* L, significantly inhibited the development and spread of mammary adenocarcinoma TS/A cells both *in vitro* and *in vivo*, indicating that it might be an effective breast cancer treatment (Huang et al. 2010). Deoxyelephantopin can trigger apoptosis by triggering caspase-3 and cleaving PARP, according to a different study. Eventually, DNA damage induced p53 and p21 activation, which led to apoptosis and S-phase cell cycle arrest (Kabeer et al. 2014). In HCT116 cells, deoxyelephantopin also reduces the expression of the proteins CDK2, CDK4, cyclin B1, cyclin E2, cyclin D1, and cyclin A2 (Chan et al. 2016). Another study revealed that deoxyelephantopin can increase the chemosensitivity of 5FU to colon cancer and cause colon cancer apoptosis by the miR-205-Bcl2 axis, offering a promising future in the treatment of patients with colon cancer (Ji et al. 2022). Iso-deoxyelephantopin caused cell cycle arrest and caspase-3-mediated apoptosis, which prevented the growth of lung carcinoma and breast cancer cells. According to a different study (Hong et al. 2020), iso-deoxyelephantopin caused the death of colon cancer cells via the ROS-mediated JNK signaling pathway. Growth of MCF-7 cells was suppressed, and their viability was markedly decreased, by lupeol, a compound derived from *E. scaber* L. It can inhibit the antiapoptotic proteins Bcl-2 and Bcl-xL, which then release apoptogenic substances such as cytochrome c, allowing cells to start the apoptotic process by activating caspases (Pitchai et al. 2014).

5 CONCLUSION

Side effects of cancer treatments encourage us to look for alternative drugs that have minimal side effects. Among them is to use the active substances contained in traditional plants, which are reported to have anticancer potential. *E. scaber* L. and its phytochemical have shown promising results against different types of cancer cell lines. Therefore, *E. scaber* L. and its phytochemical are potential candidates against oral SCC and require further research in the future.

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